The Iowa Obesity Network presents

“Redesigning the Environment to Combat the Inactivity Epidemic”.

The talk will provide a rationale for studying sedentary behaviors; the role the environment plays in sedentary behaviors, an update on the current intervention research in this area, and will finish with some of my ongoing and future research.

Lucas J. Carr, Ph.D.
Assistant Professor, University of Iowa

Dr. Carr received a doctoral degree in Physiology from the University of Wyoming and completed an NIH funded T32 postdoctoral fellowship in Cardiovascular Behavioural Medicine at Brown University working under the direction of Dr. Bess Marcus. He spent two years as Assistant Professor in the Department of Kinesiology at East Carolina University in Greenville, NC and joined the Department of Health and Human Physiology at the University of Iowa in August 2012. He serves as the Director of the Behavioral Medicine Laboratory and a member of the Obesity Research and Education Initiative. His research focuses on identifying and testing sustainable environmental and technology-based solutions for promoting healthy behaviors.

Monday Evening, November 4, 2013 from 7:00-8:00 pm in WRC 250,
On the University of Northern Iowa Campus