

# **Bloodborne Pathogens Exposure Control Plan**

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NOTE:

*Your department's Exposure Control Plan must be reviewed on an annual basis and updated when necessary to reflect new or modified tasks and procedures that affect occupational exposure and to reflect new or revised employee positions with occupational exposure. Please note this is a general BBP plan for the entire department. You may need to revise it to fit you're your specific area. .*

## **Department of Internal Medicine**

This Exposure Control plan was implemented on October 30, 2007.

Latest revision: November 2015

### **Purpose:**

The purpose of this document is to comply with OSHA's Occupational Exposures to Bloodborne Pathogens in Title 29 Code of Federal Regulations 1910.1030 and as revised in 2001 by the Needlestick Safety and Prevention Act P.L. 106-430. The intent of this exposure control plan is to prevent bloodborne infections by eliminating or minimizing employee exposures to blood, blood products, and other potentially infectious materials (OPIM).

### **Responsibilities:**

Employees are expected to follow policies and procedures of their particular place of work. When new procedures or duties will be performed by an employee previously determined not to be at risk for potential exposure, it is the supervisor's responsibility to notify their Departmental Human Resources Representative and the Departmental Exposure Control Officer listed below. The employee will be subject to the requirements of the standard.

The exposure control officer must ensure the required employee training is completed and an annual program review and update is performed, as required by the regulations.

The Exposure Control Officer is Carol Wehby who has overall responsibility for the program.

A copy of the plan may be obtained from the website [or](#) is available in room E400 GH.

In accordance with the OSHA Bloodborne Pathogens standard, 29 CFR 1910.1030, the exposure control plan and the methods of compliance are as follows:

### **1. Exposure Determination**

OSHA requires employers to perform an exposure determination concerning which employees may incur occupational exposure to blood or other potentially infectious materials (OPIM). The exposure determination is made without regard to the use of

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personal protective equipment (i.e. employees are considered to be exposed even if they wear personal protective equipment). This exposure determination is required in order to create a list of job classifications in which **all** employees may be expected to incur occupational exposure, regardless of frequency.

- a. In this department, the job classifications where **all** employees are considered potentially at risk are found on the list entitled "**List of Job Classification Risk Categorization by Department- All at Risk.**"

Duties that place these individuals at risk in their respective job classifications are the following: handling human blood, blood products and human cell lines.

*FV11 Visiting Professor  
FV12 Visiting Associate Professor  
FV13 Visiting Assistant Professor  
FV16 Visiting Associate  
GC55 Medical Assistant II  
PRK4 Research Manager  
PVE1 PA/ARNP>NNP Supervisor  
PVG1 Clinical Coordinator  
PZ50 Research Intern  
PZ58 Fellow Associate Physician 8  
PZ65 Fellow Physician 5 Accredited  
PZ66 Fellow Physician 6 Accredited  
PZ67 Fellow Physician 7 Accredited  
PZ68 Fellow Physician 8 Accredited  
PZ74 Fellow Physician 4 NonAccred  
PZ75 Fellow Physician 5 NonAccred  
PZ76 Fellow Physician 6 NonAccred*

- b. In this department, the job classifications where **some** employees are considered potentially at risk are found on the list entitled "**List of Job Classification Risk Categorization by Department- Some at Risk.**"

*FA13 Adjunct Assistant Professor  
FC11 Adjunct Clinical Professor  
FC12 Adj Clinical Assoc Professor  
FC13 Adj Clinical Asst Professor  
FC14 Adjunct Clinical Instructor  
FE11 Professor Emeritus  
FF52 Graduate Fellow  
FH16 Associate  
FP01 Postdoctoral Research Scholar  
FP02 Postdoctoral Research Fellow  
FQ11 Clinical Professor  
FQ12 Clinical Associate Professor*

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*FQ13 Clinical Assistant Professor  
FR12 Research Associate Professor  
FR19 Graduate Research Assistant  
FS13 Assistant Professor  
FT11 Professor  
FT12 Associate Professor  
FT52 Scholar/Trainee  
PAA1 Admin Services Coordinator  
PD03 Physician Assistant  
PRA1 Clinical/HC Research Assistant  
PRA2 Clinical/HC Research Associate  
PRA3 Clinical/HC Research Spec  
PRA4 Clinical/HC Research Manager  
PRJ1 Asst Research Scientist/Engin  
PRJ2 Assoc Research Scientist/Engin  
PRK1 Research Assistant  
PRK2 Research Associate  
PRK3 Research Specialist  
PRV1 Clin Trials Rsrch Asst/Data Mg  
PRV2 Clin Trials Rsrch Associate  
PRV3 Clin Trials Rsrch Specialist  
PT35 Advanced Reg Nurse Prac  
PVE2 PA/ARNP Hospitalist  
PX03 Howard Hughes Support Staff  
PZ01 Temp Professional Employee  
PZ64 Fellow Physician 4 Accredited  
S160 Gen Sci Lab*

## **2. Implementation Schedule and Methodology**

OSHA requires that this plan also include a schedule and method of implementation for the various requirements of the standard. The following complies with this requirement:

### **A. Universal Precautions**

The increasing prevalence of HIV, HBV and HCV increases the risk of infection to individuals who have occupational exposure. **All** patients' blood and certain body fluids should be considered infected with HIV, HBV, HCV and/or other blood-borne pathogens, and infection-control precautions adhered to that minimize the risk of exposure to these materials. This is "universal precautions" and should be used when handling blood, bodily fluids containing visible blood, semen, vaginal secretions, cerebrospinal fluid (CSF), synovial fluid, pleural fluid, peritoneal fluid, pericardial fluid, and amniotic fluid. Universal precautions do not apply to saliva, feces, nasal secretions, sputum, sweat, tears, urine and vomit unless they contain visible blood. If it is difficult or impossible to differentiate between body fluid types in a particular circumstance, all body fluids must be considered potentially infectious material.

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Universal precautions will be observed in this department in order to prevent contact with blood or other potentially infectious materials. All blood or other potentially infectious material is considered infectious regardless of the perceived status of the source individual.

## **B. Engineering and Work Practice Controls**

Engineering and work practice controls are utilized to eliminate or minimize exposure to employees. Where occupational exposure remains after institution of these controls, personal protective equipment must also be used. The following engineering controls are used at this location: Sharps containers, biosafety cabinets, mechanical pipetting devices, and safe needle devices.

The University of Iowa Hospitals and Clinic's Processed Stores Safety Medical Devices List showing what SESIP devices are available can be found at:  
<http://www.healthcare.uiowa.edu/matsrv/ps/index.htm>

The above controls are examined and maintained on a regular schedule. The schedule for reviewing the effectiveness of the controls is as follows: The Lab Manager will review the effectiveness of the individual controls weekly.

Appendix B provides information on ordering sharps disposal containers and outlines biohazard waste procedures.

Hand washing facilities are also available for employees who incur exposure to blood or other potentially infectious materials. OSHA requires that these facilities be readily accessible after experiencing an exposure. At this facility hand washing facilities are located: In each laboratory.

If hand-washing facilities are not feasible, the employer is required to provide either an antiseptic cleanser in conjunction with a clean cloth/paper towels or antiseptic towelettes. If these alternatives are used, hands must be washed with soap and running water as soon as feasible.

After removal of personal protective gloves, employees shall wash hands and any other potentially contaminated skin area immediately or as soon as feasible with soap and water. If employees incur exposure to their skin or mucous membranes than those areas shall be washed or flushed with water, as appropriate, as soon as feasible following contact.

## **C. Needles**

Contaminated needles and other contaminated sharps must not be recapped, bent, removed, sheared or purposely broken. Do not remove needles from the syringe. Place directly into a red sharps container immediately or as soon as possible.

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A disposable needle holder (for use with vacutainer blood drawing tubes) is now available and must be evaluated and used where appropriate, eliminating the need to remove the needle from the holder. The needle and holder are discarded in a sharps container.

Each laboratory uses safe needle devices when appropriate.

If your department's employees are responsible for direct patient care and are potentially exposed to injuries from contaminated sharps, you are required to solicit input from non-managerial employees in identifying, evaluating and selecting engineering and safe work practices. This solicitation must be documented in this Exposure Control Plan.

## **D. Waste Containers for Sharps**

All sharps must be placed into appropriate sharps containers. The sharps containers are puncture resistant, labeled with a biohazard label (see Appendix D for the biohazard label), and are leak proof. Sharp containers are located in each laboratory. The Laboratory Manager is responsible for checking and replacing containers when they are full.

## **E. Work Area Restrictions**

In work areas where there is a reasonable likelihood of exposure to blood or other potentially infectious materials, employees are not to eat, drink, apply cosmetics or lip balm, smoke, or handle contact lenses. Food and beverages are not to be kept in refrigerators, freezers, shelves, cabinets, or on counter tops or bench tops where blood or other potentially infectious materials are present.

## **F. Mouth pipetting/suctioning of blood or other potentially infectious materials is prohibited.**

All procedures will be conducted in a manner that will minimize splashing, spraying, splattering, and generation of droplets of blood or other potentially infectious materials. The department uses the following methods to accomplish this goal: Removing rubber stoppers from blood tubes by covering the stopper with a gauze pad.

## **G. Specimens and Labeling**

Specimens of blood or other potentially infectious materials will be placed in a container to prevent leakage during the collection, handling, processing, storage, and transport of the specimens.

The container used for this purpose will be labeled or color-coded in accordance with the requirements of the OSHA standard (see Appendix D for the Biohazard Label).

Any specimen that could puncture a primary container must be placed in a puncture resistant secondary container. The following containers are used: coolers and tuperware

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If the primary container becomes contaminated on the outside, it must be placed within a secondary container that prevents leakage during the handling, processing, storage, transport, or shipping of the specimen.

## **H. Contaminated Equipment**

Equipment that has become contaminated with blood or other potentially infectious materials shall be examined prior to servicing or shipping and shall be decontaminated as necessary unless decontamination of the equipment is not feasible. Equipment that can not be decontaminated prior to servicing or shipping is listed below:

- Refrigerator
- Incubator
- Cell shaker
- Centrifuge

## **I. Personal Protective Equipment**

The purpose of personal protective clothing and equipment is to prevent or minimize the entry of material into or onto the worker's body. This includes entry via apparent or in-apparent skin lesions or through the membranes of the eye, nose, or mouth. All personal protective equipment will be provided without cost to employees. Personal protective equipment will be chosen based on the anticipated exposure to blood or other potentially infectious materials. The protective equipment will be considered appropriate only if it does not permit blood or other potentially infectious materials to reach the employees' clothing, skin, eyes, mouth, or other mucous membranes under normal conditions of use and for the duration of time which the protective equipment will be used.

Protective clothing will be provided to employees in the following manner: Lab Managers will provide employees with the following

### Personal Protective Equipment

- Gloves:
- Lab Coat
- Face Shield
- Clinic jacket
- Protective eyewear (with solid side shield)
- Masks
- Surgical Gown
- Shoe Covers
- Utility Gloves
- Examination Gloves
- Other PPE (list)
- Earplugs

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All personal protective equipment will be cleaned, laundered, repaired, replaced and/or disposed of by the employer at no cost to employees. Immediately (or as soon as feasible) remove garments penetrated by blood. All personal protective equipment will be removed prior to leaving the work area. The following protocol has been developed to facilitate leaving the equipment at the work area: Leave all the personal protective equipment in the laboratory upon leaving the work area.

Gloves shall be worn where it is reasonable to anticipate employees will have hand contact with blood, other potentially infectious materials, non-intact skin, and mucous membranes. Gloves are located in each laboratory and are available from the Lab Manager.

Gloves will be used for the following procedures: See Appendix I

Disposable gloves are not to be washed or decontaminated for re-use and are to be replaced as soon as practical when they become contaminated. If they are torn, punctured, or when their ability to function as a barrier is compromised, they need to be replaced as soon as feasible. Utility gloves may be decontaminated for re-use provided that the integrity of the glove is not compromised. Utility gloves are to be discarded if they are cracked, peeling, torn, punctured, or exhibit other signs of deterioration or when their ability to function as a barrier is compromised.

Masks in combination with eye protection devices, such as goggles or glasses with solid side shields, or chin length face shields, are required to be worn whenever splashes, spray, splatter, or droplets of blood or other potentially infectious materials may be generated and eye, nose, or mouth contamination can be reasonably anticipated.

## **J. Work-site Cleaning/Schedule:**

The work-site must be maintained in a clean and sanitary condition. Where body fluids are present, the areas are cleaned and decontaminated according to the following schedule:

<u>Area</u>	<u>Scheduled decontamination</u>
Each lab	As appropriate <i>See Appendix I for a template that could be used to comply with this required schedule.</i>

Decontamination will be accomplished by utilizing the following materials:  
Bleach solutions.

All contaminated work surfaces will be decontaminated after completion of procedures and immediately, or as soon as feasible, after any spill of blood or

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OPIM, as well as at the end of the work shift if the surface may have become contaminated since the last cleaning. Change bench paper after contamination at the end of the work day.

All bins, pails, cans, and similar receptacles shall be inspected and decontaminated on a regularly scheduled basis:

<u>Responsible person</u>	<u>Inspection frequency</u>
Lab Manager	Weekly

Do not use hands to pick up broken glassware that may be contaminated. Use a mechanical means, such as a brush and dustpan or tongs, and place in a sharps container for disposal.

## **K. Infectious/Biohazard Waste Handling Procedures**

Infectious waste has been defined as blood, blood products, pathological wastes, microbiological wastes, and contaminated sharps. Additionally, the University of Iowa considers animal body parts, carcasses and bedding, etc., to be infectious waste, as listed in Appendix B.

1. Infectious wastes (excluding liquids, blood, and blood products) are processed in an industrial autoclave prior to ultimate disposal in a landfill and must be placed in lined Rubbermaid biohazardous waste tubs, as set forth in the waste disposal procedures outlined in Appendix B. Animal tissue, carcasses and bedding are disposed of by incineration. All waste containers must be labeled with the biohazardous waste certification label. If the bag or container is contaminated on the outside or leaks, a second leak proof bag or container that is also labeled and close-able must be placed over the first and sealed to prevent leakage during handling, storage, and transporting.
2. Place all needles and sharps in properly labeled sharps disposal containers. These must be easily accessible to personnel, replaced before getting too full, puncture resistant, leak-proof, and closeable to assure containment.
  - Sharps containers are located in each laboratory.
  - Infectious waste other than sharps shall be placed in biohazard boxes. These are located in each laboratory.
  - **Secure the lids on the sharps containers with tape** and label with the investigator's name and room number. Full sharps containers must then also be placed inside lined Rubbermaid biohazardous waste tubs and disposed of following procedures set forth in Appendix B.
  - **DO NOT** throw sharps in wastebaskets, leave in patient's rooms, bed linens, or pockets of lab coats. Laundry, housekeeping, custodial, and waste hauling personnel are at risk of acquiring a needle-stick due to

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carelessness on the part of others. The chances of becoming infected after a single needle-stick from a hepatitis B source patient ranges from 7-30%.

3. Liquid wastes (e.g., blood, blood products) can be disinfected with a solution of 5.25% sodium hypochlorite (household bleach) diluted between 1:10 and 1:100, or autoclaved. Once disinfected, these can be disposed of in the sanitary sewer system. If liquid wastes are collected in bulk containers, the material must be solidified with a product such as Isolyzer and the container placed in a biohazardous waste container.
  - Custodial service will collect *properly* packaged and labeled waste and transport it to areas designated as waste collection points.

## **L. Biohazardous Spill Procedures**

### *Biohazard Spill*

1. Keep others out of the area to prevent spreading spilled material. Post warning signs if needed.
2. Contaminated clothing should be removed and placed in a biohazard bag for disinfecting/decontamination. Call the Biosafety Office to evaluate each case.
3. Wash hands and any exposed skin. Inform PI or supervisor of the spill and contact EHS (5-8501) for assistance, if necessary.
4. Put on protective clothing (lab coat, gloves, face protection and shoe covers, depending on the amount of spilled material).
5. Pick up any broken glass with forceps and dispose in a Sharps container.
6. Cover the spill with paper towels and add 10% bleach.
7. Allow 20 minutes contact time, discarding used paper towels in biohazard bag for autoclaving. Re-wipe the spill area with disinfectant.
8. Place all contaminated materials into a biohazard waste container, including gloves.
9. Wash hands with soap and water.

### *Biohazard Spill in a Biological Safety Cabinet (BSC)*

1. Chemical decontamination procedures should be initiated at once, *while the cabinet continues to operate*, to prevent escape of contaminants from the cabinet.
2. Spray or wipe walls, work surfaces, and equipment with 2% Wescodyne\* (or other appropriate disinfectant detergent). A disinfectant detergent has the advantage of detergent activity. This is important because extraneous organic substances frequently interfere with the reaction between a microbe and a microbiocidal agent. Operator should wear gloves during this procedure.

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3. Flood top tray, drain pans, and catch basins below work surface with disinfectant and allow to stand 10-15 minutes.
4. Dump excess disinfectant from tray and drain pans into cabinet base. Lift out tray and removable exhaust grille work. Wipe off top and bottom (underside) surfaces with disinfectant sponge or cloth. Replace in position. Gloves, cloth or sponge should be discarded in autoclave pan and autoclaved.

\*West Chemical Products, Inc. 16-42 West Street, Long Island City, NY.  
11101

## **M. Laundry Procedures**

Laundry contaminated with blood or other potentially infectious materials must be handled as little as possible. Such laundry must not be sorted or rinsed in the area of use, but placed directly into laundry bags.

All employees who handle contaminated laundry will utilize personal protective equipment to prevent contact with blood or other potentially infectious materials. If laundry is wet with contaminated fluids, make sure the laundry bag will contain the fluid. If the bag leaks, place it inside another plastic bag.

Laundry will be cleaned at the University of Iowa's Laundry Services. Laundry workers wear protective gloves and fluid resistant aprons or gowns while handling and sorting soiled linen.

## **N. Hepatitis B Vaccine**

All employees who have potential exposure to blood or other potentially infectious materials will be offered the Hepatitis B vaccine, at no cost to the employee. The vaccine will be offered within 10 working days of their initial assignment to work involving the potential for occupational exposure to blood or other potentially infectious materials.

All injections are given intramuscularly, 1.0 ml in the deltoid muscle. The first dose is given, followed at 1 and 6 months with a second and third dose, respectively. After a series of three injections, over 95% of healthy adults develop protective antibodies.

### **Vaccination program**

Departments are responsible for the cost of the vaccine and any related costs. The vaccine will be available to the employee after training is received, and should be offered/given **within 10 working days of initial assignment**. University Employee Health Clinic (UEHC) will provide this service and administer the vaccine according to standard recommendations for medical practice. An individual does not need the vaccine if he has immunity or previously received the vaccine. Should booster doses be recommended at a future date, they will be provided. If an employee initially declines the vaccine, a waiver must be signed and kept on file at UEHC. If "at risk" employees initially decline the vaccine,

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they may decide later to receive it. Vaccination forms can be obtained from the Departmental Exposure Control Officer, or the Environmental Health and Safety webpage as referenced in the Resources section.

## **O. Post-Exposure Evaluation and Follow-up**

### **Exposure Definition**

Incidents that constitute an exposure involve contamination by blood, OPIM or high titers of cell-associated or free virus via

- 1) Percutaneous injury, e.g., needlestick;
- 2) Per mucosal exposure, e.g., splash in eye or mouth;
- 3) Cutaneous exposure, e.g., nonintact skin, or contact with unprotected hands.

### **Medical Evaluation**

When an exposure incident occurs, UEHC conducts a confidential medical evaluation and follow-up.

*In the event of an exposure, take the following steps:*

- Cleanse the area thoroughly.
- Report the incident immediately to the supervisor. (See Section III-34 of the *University Operations Manual* for procedures regarding accidents.) The employee, along with the supervisor and/or department, completes the State of Iowa standard form for Worker's Compensation Injuries (located on the HR Employee Self-Service website) within 24 hours. Note: Medical attention takes precedence over reporting.
- Always call UEHC (356-3631) for directions to follow and/or an appointment.

**For BBP related exposure incidents, UI employed students injured while working will utilize UEHC. Non-employed student, or employed students injured outside of work will use the Student Health Center during operating hours, and University Hospital's Emergency Treatment Center if the injury is emergent or occurs outside of operating hours.** For more information, a guideline is available at: <http://ehs.research.uiowa.edu/work-related-injury-treatment>

- On weekends, holidays, or after 4:30 on weekdays, go to University Hospital's Emergency Treatment Center for cleaning, treatment, etc.
- The supervisor must document route of exposure and circumstances of incident (See Appendix F for form).
- UEHC and/or departmental supervisors will make the necessary calls to identify the source of exposure and, if possible, determine HBV, HCV

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and/or HIV status. Consent must be obtained from the source in order to perform testing for HIV.

- UEHC maintains a sharps injury record for the recording of percutaneous injuries from contaminated sharps. The sharps injury record contains the type and brand of device involved, the department or work area where the exposure incident happened and an explanation of how the incident occurred. The confidentiality of the injured employee is maintained.
- UEHC will collect a blood sample from the exposed worker as soon as possible to provide a baseline.
- UEHC will provide counseling.
- The employee will return to UEHC for results within 7-14 days of completion of the evaluation and subsequent visits, per protocol.

See Appendix C for UEHC's medical protocol for specific exposure situations.

## **Control Method Evaluation**

In addition, the department must evaluate the circumstances of the exposure incident. The goal of this evaluation is to identify and correct problems in order to prevent recurrence of similar incidents. To assist in this evaluation, a form is located in Appendix F. Information that needs to be included in the documentation is:

- The route(s) of exposure and circumstances under which an exposure incident occurred.
- An evaluation of the policies and “failures to control” at the time of the exposure incident.
- The engineering controls in place at the time of the exposure incident.
- The work practices and protective equipment or clothing used at the time of the exposure incident.

Note: Send a copy of the completed form to the Assoc. Biosafety Officer, EHS, 100 EHS. Keep the original documentation with your department's records.

## **P. Training**

Training for all employees must be conducted before undertaking tasks where occupational exposure may occur, with training each year if employees remain at risk for exposure. Training in this department is conducted in the following manner: An online course available on EHS's web page.

**Note: Bloodborne Pathogens (BBP) training is required annually.**

The outline for the training material is located:

<http://ehs.research.uiowa.edu/icon-training-information>

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Training must include an explanation of the following:

- 1) The OSHA standard for Bloodborne Pathogens.
- 2) Epidemiology and symptomatology of bloodborne diseases.
- 3) Modes of transmission of bloodborne pathogens.
- 4) This Exposure Control Plan, i.e. points of the plan, lines of responsibility, how the plan will be implemented, etc.
- 5) Procedures which might cause exposure to blood or other potentially infectious materials.
- 6) Control methods used in the work area to control exposure to blood or other potentially infectious materials.
- 7) Personal protective equipment available and who should be contacted.
- 8) Post Exposure evaluation and follow-up.
- 9) Signs and labels used.
- 10) Hepatitis B vaccine program.

## **HIV and HBV Research Laboratories and Production Facilities**

This section does not apply to clinical or diagnostic laboratories engaged solely in the analysis of blood, tissues, or organs. These additional requirements apply only to research and production facilities, as defined in the **Definitions** section, and are listed below. Exposure to high concentrations of virus presents increased risk for infection and hence requires stringent infection control practices.

### ***HIV and HBV Research Laboratories must:***

- **Decontaminate all infectious liquid or solid waste** (this includes animal wastes) before disposal. Place in a durable, leak-proof container if it is to be decontaminated at a site away from the work area. An autoclave must be available to decontaminate regulated waste.
- When potentially infectious materials or infected animals are present in the work place, have proper **signage** on all access doors and keep all doors closed while work is in progress. This entails a hazard warning sign with the biohazard symbol, the name of the infectious agent, requirements for entry, and name, telephone number of the lab director or other responsible person.
- Have policies included in the Exposure Control Plan on **limiting access** to authorized persons who have been advised of the hazards, who meet entry requirements (vaccination, PPE, etc., if required), and who comply with all **entry and exit procedures**. These include washing hands prior to leaving the work area. Thus, a **sink** is required in the lab, and an eye wash facility must be readily available in the work area.

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- **No work is to be done on the open bench.** Perform **all** work in annually certified biological safety cabinets or other appropriate combinations of personal protection, physical-containment modules, or devices e.g., special protective clothing, respirators, centrifuge safety cups, sealed centrifuge rotors, and containment caging for animals.
- Wear appropriate PPE and remove it prior to leaving work area. Decontaminate it **before** laundering.
- All **vacuum lines** need to be protected with **HEPA filters** on liquid disinfectant traps.
- Injection or aspiration of potentially infectious fluids can only be done with a **needle-locking syringe or a disposable syringe-needle unit**. Hypodermic needles or syringes can only be used for parenteral injection and aspiration of fluids from laboratory animals and diaphragm bottles. Proper disposal and caution when handling any of these are mandated.
- **Employee exposures** to potentially infectious materials due to a spill or accident must be **reported** immediately to the supervisor or person in charge. All spills must be contained and cleaned immediately by trained staff.
- Prepare, adopt, review, and update a **biosafety manual** that is required reading for all personnel. The biosafety manual should include the department's infection control plan.
- **Additional training requirements:**
  - Prior to working with HIV or HBV, employees will:
    - ✓ Demonstrate **proficiency** in standard microbiological practices and techniques specific to the facility.
    - ✓ Be **experienced** in handling human pathogens or tissue culture.
    - ✓ Demonstrate proficiency in **techniques** in a progression of work activities, but without handling pathogens, if there is no prior experience in pathogen handling.

***Production Facilities have requirements that are in addition to all previously stated criteria.***

- Work areas need to be restricted by entry through **two sets of doors**.
- The ability to totally decontaminate the **interior surfaces** (walls, floors, ceilings) of the work area is required. Surfaces must be water resistant and sealable.
- An **eye wash** facility must be available. A hand-washing **sink** that is **foot, elbow or automatically operated** must be near the exit door in each work area.
- There will be **self-closing access doors** to the work area or containment module.
- An **autoclave** will be within or as near as possible to the work area.

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- Verified **directional airflow** will be provided through a ducted exhaust-air ventilation system.

## **Recordkeeping**

All records required by the OSHA standard will be maintained by: Each lab, by the lab manager. The HR office will keep paper copies of the annual training in their personnel files.

Medical records are maintained by University Employee Health Clinic, located in Clinic A, Boyd Tower (UIHC).

Training records are maintained by each department for at least 3 years from date of training. They must include: Dates of the training sessions, contents of the training sessions, names and qualifications of persons conducting the training, names and job titles of all persons attending the training sessions.

**Note: Bloodborne Pathogens (BBP) training is required annually.**

## **Employee accident reporting.**

- All accidents must be reported immediately to the supervisor.
- The supervisor and or the department representative will assist the employee in completing the Worker's Compensation report (located on the HR Employee Self-Service website) within 24 hours.
- The department should keep a copy of this report on file.
- The Exposure Control Officer must complete a bloodborne pathogens exposure incident form for each incident, documenting the circumstances and controls in place and identifying any corrective action taken to prevent future occurrences. (See Appendix F for the Bloodborne Pathogens Incident Report Form.) **Send a copy of the completed form to the Assoc. Biosafety Officer, EHS, 100 EHS. Keep the original documentation with your department's records.**

## **Dates**

All provisions required by the standard were **implemented** by the following dates:

The Exposure Control Plan - May 5, 1992.

Information and Training - June 4, 1992

Engineering and Work Practice Control, PPE, Housekeeping, Hepatitis B vaccination, post-exposure evaluation and follow-up, and labels and signs - July 6, 1992.

Needlestick and other Sharps Injuries- April 18, 2001.

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## **APPENDICES**

Appendix A: OSHA's Occupational Exposures to Bloodborne Pathogens  
( 29CFR Part 1910.1030)

Appendix B: Infectious Waste Disposal Procedures

Appendix C: The University Employee Health Clinic Management of  
Bloodborne Pathogen Exposures

Appendix D: Biohazard Symbol

Appendix E: Definitions

Appendix F: Exposure Incident Form

Appendix G: Supervisor Checklist for Use of Human Blood or Other  
Potentially Infectious Material

Appendix H: Laboratory Biosafety Level II Criteria

Appendix I: Laboratory Decontamination Schedule Template

Appendix J: Resources

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## **APPENDIX A**

### **BLOODBORNE PATHOGENS STANDARD 1910.1030**

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Federal Register / Vol. 56. / Friday, December 6, 1991 / Rules and Regulations , as amended at 57 FR 12717, April 13, 1992; 57 FR 29206, July 1, 1992; 61 FR 5507, Feb. 13, 1996; 66 FR 5325 Jan.18, 2001, 76 FR 33597, June 8, 2011

#### **XI. The Standard**

*General Industry* Part 1910 of title 29 of the Code of Federal Regulations is amended as follows:

#### **PART 1910-[AMENDED]**

##### **Subpart Z-[Amended]**

1. The general authority citation for subpart Z of 29 CFR part 1910 continues to read as follows and a new citation for 1910.1030 is added:

Authority: Secs. 6 and 8, Occupational Safety and Health Act. 29 U.S.C. 655, 657, Secretary of Labor's Orders Nos. 12-71 (36 FR 8754), 8-76 (41 FR 25059), or 9-83 (48 FR 35736), as applicable; and 29 CFR part 1911.

Section 1910.1030 also issued under 29 U.S.C. 653.

2. Section 1910.1030 is added to read as follows:

§ 1910.1030 Bloodborne Pathogens.

(a) *Scope and Application.* This section applies to all occupational exposure to blood or other potentially infectious materials as defined by paragraph (b) of this section.

(b) *Definitions.* For purposes of this section, the following shall apply:

*Assistant Secretary* means the Assistant Secretary of Labor for Occupational Safety and Health, or designated representative.

*Blood* means human blood, human blood components, and products made from human blood.

*Bloodborne Pathogens* means pathogenic microorganisms that are present in human blood and can cause disease in humans. These pathogens include, but are not limited to, hepatitis B virus (HBV) and human immunodeficiency virus (HIV).

*Clinical Laboratory* means a workplace where diagnostic or other screening procedures are performed on blood or other potentially infectious materials.

*Contaminated* means the presence or the reasonably anticipated presence of blood or other potentially infectious materials on an item or surface.

*Contaminated Laundry* means laundry which has been soiled with blood or other potentially infectious materials or may contain sharps.

*Contaminated Sharps* means any contaminated object that can penetrate the skin including,

but not limited to, needles, scalpels, broken glass, broken capillary tubes, and exposed ends of dental wires.

*Decontamination* means the use of physical or chemical means to remove, inactivate or destroy bloodborne pathogens on a surface or item to the point where they are no longer capable of transmitting infectious particles and the surface or item is rendered safe for handling, use, or disposal.

*Director* means the Director of the National Institute for Occupational Safety and Health, U.S. Department of Health and Human Services, or designated representative.

*Engineering Controls* means controls (e.g., sharps disposal containers, self-sheathing needles, safer medical devices, such as sharps with engineered sharps injury protections and needleless systems) that isolate or remove the bloodborne pathogens hazard from the workplace.

*Exposure Incident* means a specific eye, mouth, other mucous membrane, non-intact skin, or parental contact with

# Bloodborne Pathogens Exposure Control Plan

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blood or other potentially infectious materials that result from the performance of an employee's duties.

*Handwashing Facilities* means a facility providing an adequate supply of running potable water, soap and single use towels or air drying machines.

*Licensed Healthcare Professional* is a person whose legally permitted scope of practice allows him or her to independently perform the activities required by paragraph (f) Hepatitis B Vaccination and Post-exposure Evaluation and Follow-up.

*HBV* means hepatitis B virus.

*HIV* means human immunodeficiency virus.

*Needleless systems* means a device that does not use needles for: (1) The collection of bodily fluids after initial venous or arterial access is established; (2) The administration of medication or fluids; or (3) Any other procedure involving the potential for occupational exposure to bloodborne pathogens due to percutaneous injuries from contaminated sharps.

*Occupational Exposure* means reasonably anticipated skin, eye, mucous membrane, or parenteral contact with blood or other potentially infectious materials that may result from the performance of an employee's duties.

*Other Potentially Infectious Materials* means

(1) The following human body fluids: semen, vaginal secretions, cerebrospinal fluid,

synovial fluid, pleural fluid, pericardial fluid, peritoneal fluid, amniotic fluid, saliva in dental procedures, any body fluid that is visibly contaminated with blood, and all body fluids in situations where it is difficult or impossible to differentiate between body fluids;

(2) Any unfixed tissue or organ (other than intact skin) from a human (living or dead); and

(3) HIV-containing cell or tissue cultures, organ cultures, and HIV- or HBV-containing culture medium or other solutions; and blood, organs, or other tissues from experimental animals infected with HIV or HBV.

*Parenteral* means piercing mucous membranes or the skin barrier through such events as needlesticks, human bites, cuts, and abrasions.

*Personal Protective Equipment* is specialized clothing or equipment worn by an employee for protection against a hazard. General work clothes (e.g., uniforms, pants, shirts or blouses) not intended to function as protection against a hazard are not considered to be personal protective equipment.

*Production Facility* means a facility engaged in industrial-scale, large volume or high concentration production of HIV or HBV.

*Regulated Waste* means liquid or semi-liquid blood or other potentially infectious materials; contaminated items that would release blood or other

potentially infectious materials in a liquid or semi-liquid state if compressed; items that are caked with dried blood or other potentially infectious materials and are capable of releasing these materials during handling; contaminated sharps; and pathological and microbiological wastes containing blood or other potentially infectious materials.

*Research Laboratory* means a laboratory producing or using research laboratory-scale amounts of HIV or HBV. Research laboratories may produce high- concentrations of HIV or HBV but not in the volume found in production facilities.

*Sharps with engineered sharps injury protections* means a nonneedle sharp or a needle device used for withdrawing body fluids, accessing a vein or artery, or administering medications or other fluids, with a built-in safety feature or mechanism that effectively reduces the risk of an exposure incident.

*Source Individual* means any individual, living or dead, whose blood or other potentially infectious materials may be a source of occupational exposure to the employee. Examples include, but are not limited to, hospital and clinic patients; clients in institutions for the developmentally disabled; trauma victims; clients of drug and alcohol treatment facilities; residents of hospices and nursing homes; human remains; and individuals who donate or sell blood or blood components.

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*Sterilize* means the use of a physical or chemical procedure to destroy all microbial life including highly resistant bacterial endospores.

*Universal Precautions* is an approach to infection control. According to the concept of Universal Precautions, all human blood and certain human body fluids are treated as if known to be infectious for HIV, HBV, and other bloodborne pathogens.

*Work Practice Controls* means controls that reduce the likelihood of exposure by altering the manner in which a task is performed (e.g., prohibiting recapping of needles by a two-handed technique).

(c) *Exposure control--(1)*  
*Exposure Control Plan.* (i) Each employer having an employee(s) with occupational exposure as defined by paragraph (b) of this section shall establish a written Exposure Control Plan designed to eliminate or minimize employee exposure.

(ii) The Exposure Control Plan shall contain at least the following elements:

- (A) The exposure determination required by paragraph(c)(2),
- (B) The schedule and method of implementation for paragraphs (d) Methods of Compliance, (e) HIV and HBV Research Laboratories and Production Facilities, (f) Hepatitis B Vaccination and Post-Exposure Evaluation and Follow-up, (g) Communication of Hazards to Employees, and

(h) Recordkeeping, of this standard, and

(C) The procedure for the evaluation of circumstances surrounding exposure incidents as required by paragraph (f)(3)(i) of this standard.

(iii) Each employer shall ensure that a copy of the Exposure Control Plan is accessible to employees in accordance with 29 CFR 1910.20(e).

(iv) The Exposure Control Plan shall be reviewed and updated at least annually and whenever necessary to reflect new or modified tasks and procedures which affect occupational exposure and to reflect new or revised employee positions with occupational exposure. The review and update of such plans shall also:

(A) Reflect changes in technology that eliminate or reduce exposure to bloodborne pathogens; and

(B) Document annually consideration and implementation of appropriate commercially available and effective safer medical devices designed to eliminate or minimize occupational exposure.

(v) An employer, who is required to establish an Exposure Control Plan shall solicit input from non-managerial employees responsible for direct patient care who are potentially exposed to injuries from contaminated sharps in the identification, evaluation, and selection of effective engineering and work practice

controls and shall document the solicitation in the Exposure Control Plan.

(vi) The Exposure Control Plan shall be made available to the Assistant Secretary and the Director upon request for examination and copying.

(2) *Exposure determination.*

(i) Each employer who has an employee(s) with occupational exposure as defined by paragraph (b) of this section shall prepare an exposure determination. This exposure determination shall contain the following:

(A) A list of all job classifications in which all employees in those job classifications have occupational exposure;

(B) A list of job classifications in which some employees have occupational exposure, and

(C) A list of all tasks and procedures or groups of closely related task and procedures in which occupational exposure occurs and that are performed by employees in job classifications listed in accordance with the provisions of paragraph (c)(2)(i)(B) of this standard.

(ii) This exposure determination shall be made without regard to the use of personal protective equipment.

(d) *Methods of compliance--(1)*  
*General*-Universal precautions shall be observed to prevent contact with blood or other potentially infectious materials. Under circumstances in which differentiation between body

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fluid types is difficult or impossible, all body fluids shall be considered potentially infectious materials.

(2) *Engineering and work practice controls.* (i) Engineering and work practice controls shall be used to eliminate or minimize employee exposure. Where occupational exposure remains after institution of these controls, personal protective equipment shall also be used.

(ii) Engineering controls shall be examined and maintained or replaced on a regular schedule to ensure their effectiveness.

(iii) Employers shall provide handwashing facilities, which are readily accessible to employees.

(iv) When provision of handwashing facilities is not feasible, the employer shall provide either an appropriate antiseptic hand cleanser in conjunction with clean cloth/paper towels or antiseptic towelettes. When antiseptic hand cleansers or towelettes are used, hands shall be washed with soap and running water as soon as feasible.

(v) Employers shall ensure that employees wash their hands immediately or as soon as feasible after removal of gloves or other personal protective equipment.

(vi) Employers shall ensure that employees wash hands and any other skin with soap and water, or flush mucous membranes with water immediately or as soon as feasible following contact of such body areas with blood or

other potentially infectious materials.

(vii) Contaminated needles and other, contaminated sharps shall not be bent, recapped or removed except as noted in paragraphs (d)(2)(vii)(A) and (d)(2)(vii)(B) below. Shearing or breaking of contaminated needles is prohibited.

(A) Contaminated needles and other contaminated sharps shall not be bent, recapped or removed unless the employer can demonstrate that no alternative is feasible or that such action is required by a specific medical or dental procedure.

(B) Such bending, recapping or needle removal must be accomplished through the use of a mechanical device or a one-handed technique.

(viii) Immediately or as soon as possible after use, contaminated reusable sharps shall be placed in appropriate containers until properly reprocessed. These containers shall be:

(A) Puncture resistant;  
(B) Labeled or color-coded in accordance with this standard;

(C) Leakproof on the sides and bottom; and

(D) In accordance with the requirements set forth in paragraph (d)(4)(ii)(E) for reusable sharps.

(ix) Eating, drinking, smoking, applying cosmetics or lip balm, and handling contact lenses are prohibited in work areas where there is a reasonable likelihood of occupational exposure.

(x) Food and drink shall not be kept in refrigerators, freezers, shelves, cabinets or on countertops or benchtops where blood or other potentially infectious materials are present.

(xi) All procedures involving blood or other potentially infectious materials shall be performed in such a manner as to minimize splashing, spraying, spattering, and generation of droplets of these substances.

(xii) mouth pipetting/suctioning of blood or other potentially infectious materials is prohibited.

(xiii) Specimens of blood or other potentially infectious materials shall be placed in a container, which prevents leakage during collection, handling, processing storage, transport, or shipping.

(A) The container for storage, transport, or shipping shall be labeled or color-coded according to paragraph (g)(1)(i) and closed prior to being stored, transported, or shipped. When a facility utilizes Universal Precautions in the handling of all specimens, the labeling/color-coding of specimens is not necessary provided containers are recognizable as containing specimens. This exemption only applies while such specimens/containers remain within the facility. Labeling or color-coding in accordance with paragraph (g)(1)(i) is required when such specimens/ containers leave the facility.

(B) If outside contamination of the primary container occurs,

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the primary container shall be placed within a second container which prevents leakage during handling, processing, storage, transport, or shipping and is labeled or color-coded according to the requirements of this standard.

(C) If the specimen could puncture the primary container, the primary container shall be placed within a secondary container, which is puncture-resistant in addition to the above characteristics.

(xiv) Equipment which may become contaminated with blood or other potentially infectious materials shall be examined prior to servicing or shipping and shall be decontaminated as necessary, unless the employer can demonstrate that decontamination of such equipment or portions of such equipment is not feasible.

(A) A readily observable label in accordance with paragraph (g)(1)(i)(H) shall be attached to the equipment stating which portions remain contaminated.

(B) The employer shall ensure that this information is conveyed to all affected employees, the servicing representative, and/or the manufacturer, as appropriate, prior to handling, servicing, or shipping so that appropriate precautions will be taken.

(3) *Personal protective equipment*—(i) Provision. When there is occupational exposure, the employer shall provide, at no cost to the employee, appropriate personal protective equipment such as,

but not limited to, gloves, gowns, laboratory coats, face shields or masks and eye protection, and mouthpieces, resuscitation bags, pocket masks, or other ventilation devices. Personal protective equipment will be considered "appropriate" only if it does not permit blood or other potentially infectious materials to pass through to or reach the employee's work clothes, street clothes, undergarments, skin, eyes, mouth, or other mucous membranes under normal conditions of use and for the duration of time which the protective equipment will be used.

(ii) Use. The employer shall ensure that the employee uses appropriate personal protective equipment unless the employer shows that the employee temporarily and briefly declined to use personal protective equipment when, under rare and extraordinary circumstances, it was the employee's professional judgment that in the specific instance its use would have prevented the delivery of health care or public safety services or would have posed an increased hazard to the safety of the worker or co-worker. When the employee makes this judgement, the circumstances shall be investigated and documented in order to determine whether changes can be instituted to prevent such occurrences in the future.

(iii) Accessibility. The employer shall ensure that appropriate personal protective equipment in the appropriate

sizes is readily accessible at the worksite or is issued to employees. Hypoallergenic gloves, glove liners, powderless gloves, or other similar alternatives shall be readily accessible to those employees who are allergic to the gloves normally provided.

(iv) Cleaning, Laundering, and Disposal. The employer shall clean, launder, and dispose of personal protective equipment required by paragraphs (d) and (e) of this standard, at no cost to the employee.

(v) Repair and Replacement. The employer shall repair or replace personal protective equipment as needed to maintain its effectiveness, at no cost to the employee.

(vi) If a garment(s) is penetrated by blood or other potentially infectious materials, the garment(s) shall be removed immediately or as soon as feasible.

(vii) All personal protective equipment shall be removed prior to leaving the work area.

(viii) When personal protective equipment is removed it shall be placed in an appropriately designated area or container for, storage, washing, decontamination or disposal.

(ix) Gloves. Gloves shall be worn when it can be reasonably anticipated that the employee may have hand contact with blood, other potentially infectious materials, mucous membranes, and non-intact skin; when performing vascular access procedures except as specified in paragraph

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(d)(3)(ix)(D); and when handling or touching contaminated items or surfaces.

(A) Disposable (single use) gloves such as surgical or examination gloves, shall be replaced as soon as practical when contaminated or as soon as feasible if they are torn, punctured, or when their ability to function as a barrier is compromised.

(B) Disposable (single use) gloves shall not be washed or decontaminated for re-use.

(C) Utility gloves may be decontaminated for re-use if the integrity of the glove is not compromised. However, they must be discarded if they are cracked, peeling, torn, punctured, or exhibit other signs of deterioration or when their ability to function as a barrier is compromised.

(D) If an employer in a volunteer blood donation center judges that routine gloving for all phlebotomies is not necessary then the employer shall:

(1) Periodically reevaluate this policy;

(2) Make gloves available to all employees who wish to use them for phlebotomy;

(3) Not discourage the use of gloves for phlebotomy; and

(4) Require that gloves be used for phlebotomy in the following circumstances:

(i) When the employee has cuts, scratches, or other breaks in his or her skin;

(ii) When the employee judges that hand contamination with blood may occur, for example, when performing

phlebotomy on an uncooperative source individual; and

(iii) When the employee is receiving training in phlebotomy.

(x) Masks, Eye Protection, and Face Shields. Masks in combination with eye protection devices, such as goggles or glasses with solid side shields, or chin-length face shields, shall be worn whenever splashes, spray, spatter, or droplets of blood or other potentially infectious materials may be generated and eye, nose, or mouth contamination can be reasonably anticipated.

(xi) Gowns, Aprons, and Other Protective Body Clothing. Appropriate protective clothing such as, but not limited to, gowns, aprons, lab coats, clinic jackets, or similar outer garments shall be worn in occupational exposure situations. The type and characteristics will depend upon the task and degree of exposure anticipated.

(xii) Surgical caps or hoods and/or shoe covers or boots shall be worn in instances when gross contamination can reasonably be anticipated (e.g., autopsies, orthopedic surgery).

(4) *Housekeeping.* (i) General. Employers shall ensure that the worksite is maintained in a clean and sanitary condition. The employer shall determine and implement an appropriate written schedule for cleaning and method of decontamination based upon the location within the facility, type of surface to be cleaned, type of soil present,

and tasks or procedures being performed in the area.

(ii) All equipment and environmental and working surfaces shall be cleaned and decontaminated after contact with blood or other potentially infectious materials.

(A) Contaminated work surfaces shall be decontaminated with an appropriate disinfectant after completion of procedures; immediately or as soon as feasible when surfaces are overtly contaminated or after any spill of blood or other potentially infectious materials; and at the end of the work shift if the surface may have become contaminated since the last cleaning.

(B) Protective coverings, such as plastic wrap, aluminum foil, or imperviously-backed absorbent paper used to cover equipment and environmental surfaces, shall be removed and replaced as soon as feasible when they become overtly contaminated or at the end of the workshift if they may have become contaminated during the shift.

(C) All bins, pails, cans, and similar receptacles intended for reuse which have a reasonable likelihood for becoming contaminated with blood or other potentially infectious materials shall be inspected and decontaminated on a regularly scheduled basis and cleaned and decontaminated immediately or as soon as feasible upon visible contamination.

(D) Broken glassware which may be contaminated shall not

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be picked up directly with the hands. It shall be cleaned up using mechanical means, such as a brush and dust pan, tongs, or forceps.

(E) Reusable sharps that are contaminated with blood or other potentially infectious materials shall not be stored or processed in a manner that requires employees to reach by hand into the containers where these sharps have been placed.

(iii) Regulated Waste.

(A) Contaminated Sharps Discarding and Containment.

(1) Contaminated sharps shall be discarded immediately or as soon as feasible in containers that are:

(i) Closable;

(ii) Puncture resistant;

(iii) Leakproof on sides and bottom; and

(iv) Labeled or color-coded in accordance with paragraph (g)(1)(i) of this standard.

(2) During use, containers for contaminated sharps shall be:

(i) Easily accessible to personnel and located as close as is feasible to the immediate area where sharps are used or can be reasonably anticipated to be found (e.g., laundries);

(ii) Maintained upright throughout use; and

(iii) Replaced routinely and not be allowed to overfill.

(3) When moving containers of contaminated sharps from the area of use, the containers shall be:

(i) Closed immediately prior to removal or replacement to prevent spillage or protrusion of contents during handling, storage, transport, or shipping;

(ii) Placed in a secondary container if, leakage is possible.

The second container shall be:

(A) Closable;

(B) Constructed to contain all contents and prevent leakage during handling, storage, transport, or shipping; and

(C) Labeled or color-coded according to paragraph (g)(1)(i) of this standard.

(4) Reusable containers shall not be opened, emptied, or cleaned manually or in any other manner which would expose employees to the risk of percutaneous injury,

(B) Other Regulated Waste Containment. (1) Regulated waste shall be placed in containers, which are:

(i) Closable;

(ii) Constructed to contain all contents and prevent leakage of fluids during handling, storage, transport or shipping;

(iii) Labeled or color-coded in accordance with paragraph (g)(1)(i) of this standard; and

(iv) Closed prior to removal to prevent spillage or protrusion of contents during handling, storage, transport, or shipping.

(2) If outside contamination of the regulated waste container occurs, it shall be placed in a second container. The second container shall be:

(i) Closable;

(ii) Constructed to contain all contents and prevent leakage of fluids during handling, storage, transport or shipping;

(iii) Labeled or color-coded in accordance with paragraph (g)(1)(i) of this standard; and

(iv) Closed prior to removal to prevent spillage or protrusion of

contents during handling, storage, transport, or shipping.

(C) Disposal of all regulated waste shall be in accordance with applicable regulations of the United States, States and Territories, and political subdivisions of States and Territories.

(iv) Laundry.

(A) Contaminated laundry shall be handled as little as possible with a minimum of agitation. (1) Contaminated laundry shall be bagged or containerized at the location where it was used and shall not be sorted or rinsed in the location of use.

(2) Contaminated laundry shall be placed and transported in bags or containers labeled or color-coded in accordance with paragraph (g)(1)(i) of this standard. When a facility utilizes Universal Precautions in the handling of all soiled laundry, alternative labeling or color-coding is sufficient if it permits all employees to recognize the containers as requiring compliance with Universal Precautions.

(3) Whenever contaminated laundry is wet and presents a reasonable likelihood of soak-through of or leakage from the bag or container, the laundry shall be placed and transported in bags or containers, which prevent soak-through and/or leakage of fluids to the exterior.

(B) The employer shall ensure that employees who have contact with contaminated laundry wear protective gloves and other appropriate personal protective equipment.

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(C) When a facility ships contaminated laundry off-site to a second facility which does not utilize Universal Precautions in the handling of all laundry, the facility generating the contaminated laundry must place such laundry in bags or containers which are labeled or color-coded in accordance with paragraph (g)(1)(i)

(e) *HIV and HBV Research Laboratories and Production Facilities.* (1) This paragraph applies to research laboratories and production facilities engaged in the culture, production, concentration, experimentation, and manipulation of HIV and HBV. It does not apply to clinical or diagnostic laboratories engaged solely in the analysis of blood, tissues, or organs.

These requirements apply in addition to the other requirements of the standard.

(2) Research laboratories and production facilities shall meet the following criteria:

(i) Standard microbiological practices. All regulated waste shall either be incinerated or decontaminated by a method such as autoclaving known to effectively destroy bloodborne pathogens.

(ii) Special practices.

(A) Laboratory doors shall be kept closed when work involving HIV or HBV is in progress.

(B) Contaminated materials that are to be decontaminated at a site away from the work area shall be placed in a durable, leak-proof, labeled or color-coded container that is closed

before being removed from the work area.

(C) Access to the work area shall be limited to authorized persons. Written policies and procedures shall be established whereby only persons who have been advised of the potential biohazard, who meet any specific entry requirements, and who comply with all entry and exit procedures shall be allowed to enter the work areas and animal rooms.

(D) When other potentially infectious materials or infected animals are present in the work area or containment module, a hazard warning sign incorporating the universal biohazard symbol shall be posted on all access doors. The hazard warning sign shall comply with paragraph (g)(1)(ii) of this standard.

(E) All activities involving other potentially infectious materials shall be conducted in biological safety cabinets or other physical-containment devices within the containment module. No work with these other potentially infectious materials shall be conducted on the open bench.

(F) Laboratory coats, gowns, smocks, uniforms or other appropriate protective clothing shall be used in the work area and animal rooms. Protective clothing shall not be worn outside of the work area and shall be decontaminated before being laundered.

(G) Special care shall be taken to avoid skin contact with other potentially infectious materials. Gloves shall be worn

when handling infected animals and when making hand contact with other potentially infectious materials is unavoidable.

(H) Before disposal all waste from work areas and from animal rooms shall either be incinerated or decontaminated by a method such as autoclaving known to effectively destroy bloodborne pathogens.

(I) Vacuum lines shall be protected with liquid disinfectant traps and high-efficiency particulate air (HEPA) filters or filters of equivalent or superior efficiency and which are checked routinely and maintained or replaced as necessary.

(J) Hypodermic needles and syringes shall be used only for parenteral injection and aspiration of fluids from laboratory animals and diaphragm bottles. Only needle-locking syringes or disposable syringe-needle units (i.e., the needle is integral to the syringe) shall be used for the injection or aspiration of other potentially infectious materials. Extreme caution shall be used when handling needles and syringes. A needle shall not be bent, sheared, replaced in the sheath or guard, or removed from the syringe following use. The needle and syringe shall be promptly placed in a puncture-resistant container and autoclaved or decontaminated before reuse or disposal.

(K) All spills shall be immediately contained and cleaned up by appropriate

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professional staff or others properly trained and equipped to work with potentially concentrated infectious materials.

(L) A spill or accident that results in an exposure incident shall be immediately reported to the laboratory director or other responsible person.

(M) A biosafety manual shall be prepared or adopted and periodically reviewed and updated at least annually or more often if necessary. Personnel shall be advised of potential hazards, shall be required to read instructions on practices and procedures, and shall be required to follow them.

(iii) Containment equipment.  
(A) Certified biological safety cabinets (Class I, II, or III) or other appropriate combinations of personal protection or physical containment devices, such as special protective clothing, respirators, centrifuge safety cups, sealed centrifuge rotors, and containment caging for animals, shall be used for all activities with other potentially infectious materials that pose a threat of exposure to droplets, splashes, spills, or aerosols.

(B) Biological safety cabinets shall be certified when installed, whenever they are moved and at least annually.

(3) HIV and HBV research laboratories shall meet the following criteria:

(i) Each laboratory shall contain a facility for hand washing and an eye wash facility, which is readily available within the work area.

(ii) An autoclave for decontamination of regulated waste shall be available.

(4) HIV and HBV production facilities shall meet the following criteria:

(i) The work areas shall be separated from areas that are open to unrestricted traffic flow within the building. Passage through two sets of doors shall be the basic requirement for entry into the work area from access corridors or other contiguous areas. Physical separation of the high-containment work area from access corridors or other areas or activities may also be provided by a double-doored clothes-change room (showers may be included), airlock, or other access facility that requires passing through two sets of doors before entering the work area.

(ii) The surfaces of doors, walls, floors and ceilings in the work area shall be water-resistant so that they can be easily cleaned. Penetrations in these surfaces shall be sealed or capable of being sealed to facilitate decontamination.

(iii) Each work area shall contain a sink for washing hands and a readily available eye wash facility. The sink shall be foot, elbow, or automatically operated and shall be located near the exit door of the work area.

(iv) Access doors to the work area or containment module shall be selfclosing.

(v) An autoclave for decontamination of regulated waste shall be available within

or as near as possible to the work area.

(vi) A ducted exhaust-air ventilation system shall be provided. This system shall create directional airflow that draws air into the work area through the entry area. The exhaust air shall not be recirculated to any other area of the building, shall be discharged to the outside, and shall be dispersed away from occupied areas and air intakes. The proper direction of the airflow shall be verified (i.e., into the work area).

(5) *Training Requirements.* Additional training requirements for employees in HIV and HBV research laboratories and HIV and HBV production facilities are specified in paragraph (g)(2)(ix).

(f) *Hepatitis B vaccination and postexposure evaluation and follow-up-(1) General.* (i) The employer shall make available the hepatitis B vaccine and vaccination series to all employees who have occupational exposure, and postexposure evaluation and follow-up to all employees who have had an exposure incident.

(ii) The employer shall ensure that all medical evaluations and procedures including the hepatitis B vaccine and vaccination series and post-exposure evaluation and follow-up, including prophylaxis, are:

(A) Made available at no cost to the employee:

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(B) Made available to the employee at a reasonable time and place;

(C) Performed by or under the supervision of a licensed physician or by or under the supervision of another licensed healthcare professional; and

(D) Provided according to recommendations of the U.S. Public Health Service current at the time these evaluations and procedures take place, except as specified by this paragraph (f).

(iii) The employer shall ensure that all laboratory tests are conducted by an accredited laboratory at no cost to the employee.

(2) *Hepatitis B Vaccination.*

(i)

Hepatitis B vaccination shall be made available after the employee has received the training required in paragraph (g)(2)(vii)(1) and within 10 working days of initial assignment to all employees who have occupational exposure unless the employee has previously received the complete hepatitis B vaccination series, antibody testing has revealed that the employee is immune, or the vaccine is contraindicated for medical reasons.

(ii) The employer shall not make participation in a prescreening program a prerequisite for receiving hepatitis B vaccination.

(iii) If the employee initially declines hepatitis B vaccination but at a later date while still covered under the standard decides to accept the vaccination, the employer shall

make available hepatitis B vaccination at that time.

(iv) The employer shall assure that employees who decline to accept hepatitis B vaccination offered by the employer sign the statement in appendix A.

(v) If a routine booster dose(s) of hepatitis B vaccine is recommended by the U.S. Public Health Service at a future date, such booster dose(s) shall be made available in accordance with section (f)(1)(ii).

(3) *Post-exposure Evaluation and Follow-up.* Following a report of an exposure incident, the employer shall make immediately available to the exposed employee a confidential medical evaluation and follow-up, including at least the following elements:

(i) Documentation of the route(s) of exposure, and the circumstances under which the exposure incident occurred;

(ii) Identification and documentation of the source individual, unless the employer can establish that identification is infeasible or prohibited by state or local law;

(A) The source individual's blood shall be tested as soon as feasible and after consent is obtained in order to determine HBV and HIV infectivity. If consent is not obtained, the employer shall establish that legally required consent cannot be obtained. When the source individual's consent is not required by law, the source individual's blood, if available,

shall be tested and the results documented.

(B) When the source individual is already known to be infected with HBV or HIV, testing for the source individual's known HBV or HIV status need not be repeated.

(C) Results of the source individual's testing shall be made available to the exposed employee, and the employee shall be informed of applicable laws and regulations concerning disclosure of the identity and infectious status of the source individual.

(iii) Collection and testing of blood for HBV and HIV serological status;

(A) The exposed employee's blood shall be collected as soon as feasible and tested after consent is obtained.

(B) If the employee consents to baseline blood collection, but does not give consent at that time for HIV serologic testing, the sample shall be preserved for at least 90 days. If, within 90 days of the exposure incident, the employee elects to have the baseline sample tested, such testing shall be done as soon as feasible.

(iv) Post-exposure prophylaxis, when medically indicated, as recommended by the U.S. Public Health Service;

(v) Counseling; and

(vi) Evaluation of reported illnesses.

(4) *Information Provided to the Healthcare Professional.* (i) The employer shall ensure that the healthcare professional responsible for the employee's

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Hepatitis B vaccination is provided a copy of this regulation.

(ii) The employer shall ensure that the healthcare professional evaluating an employee after an exposure incident is provided the following information:

(A) A copy of this regulation;  
(B) A description of the exposed employee's duties as they relate to the exposure incident;

(C) Documentation of the route(s) of exposure and circumstances under which exposure occurred;

(D) Results of the source individual's blood testing, if available; and

(E) All medical records relevant to the appropriate treatment of the employee including vaccination status which are the employer's responsibility to maintain.

(5) *Healthcare Professional's Written Opinion.* The employer shall obtain and provide the employee with a copy of the evaluating healthcare professional's written opinion within 15 days of the completion of the evaluation.

(i) The healthcare professional's written opinion for Hepatitis B vaccination shall be limited to whether Hepatitis B vaccination is indicated for an employee, and if the employee has received such vaccination.

(ii) The healthcare professional's written opinion for post-exposure evaluation and follow-up shall be limited to the following information:

(A) That the employee has been informed of the results of the evaluation; and

(B) That the employee has been told about any medical conditions resulting from exposure to blood or other potentially infectious materials which require further evaluation or treatment.

(iii) All other findings or diagnoses shall remain confidential and shall not be included in the written report.

(6) *Medical recordkeeping.* Medical records required by this standard shall be maintained in accordance with paragraph (h)(1) of this section.

(g) *Communication of hazards to employees-* (1) *Labels and signs.* (i) Labels.

(A) Warning labels shall be affixed to containers of regulated waste, refrigerators and freezers containing blood or other potentially infectious material; and other containers used to store, transport or ship blood or other potentially infectious materials, except as provided in paragraph (g)(1)(i)(E), (F) and (G).

(B) Labels required by this section shall include the following legend:



BIOHAZARD

(C) These labels shall be fluorescent orange or orange-red or predominantly so, with lettering or symbols in a contrasting color.

(D) Labels shall be affixed as close as feasible to the container by string, wire, adhesive, or other method that prevents their loss or unintentional removal.

(E) Red bags or red containers may be substituted for labels.

(F) Containers of blood, blood components, or blood products that are labeled as to their contents and have been released for transfusion or other clinical use are exempted from the labeling requirements of paragraph (g).

(G) Individual containers of blood or other potentially infectious materials that are placed in a labeled container during storage, transport, shipment or disposal are exempted from the labeling requirement.

(H) Labels required for contaminated equipment shall be in accordance with this paragraph and shall also state which portions of the equipment remain contaminated.

(I) Regulated waste that has been decontaminated need not be labeled or color-coded.

(ii) Signs.

(A) The employer shall post signs at the entrance to work areas specified in paragraph (e), HIV and HBV Research Laboratory and Production Facilities, which shall bear the following legend:



BIOHAZARD

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# Bloodborne Pathogens Exposure Control Plan

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(Name of the Infectious Agent)  
(Special requirements for entering the area)

(Name, telephone number of the laboratory director or other responsible person.)

(B) These signs shall be fluorescent orange-red or predominantly so, with lettering or symbols in a contrasting color.

(2) *Information and Training.*  
(i) Employers shall ensure that all employees with occupational exposure participate in a training program which must be provided at no cost to the employee and during working hours.

(ii) Training shall be provided as follows:

(A) At the time of initial assignment to tasks where occupational exposure may take place;

(B) Within 90 days after the effective date of the standard; and

(C) At least annually thereafter.

(iii) For employees who have received training on bloodborne pathogens in the year preceding the effective date of the standard, only training with respect to the provisions of the standard which were not included need be provided.

(iv) Annual training for all employees shall be provided within one year of their previous training.

(v) Employers shall provide additional training when changes such as modification of tasks or procedures or institution of new tasks or procedures affect the

employee's occupational exposure. The additional training may be limited to addressing the new exposures created.

(vi) Material appropriate in content and vocabulary to educational level, literacy, and language of employees shall be used.

(vii) The training program shall contain at a minimum the following elements:

(A) An accessible copy of the regulatory text of this standard and an explanation of its contents;

(B) A general explanation of the epidemiology and symptoms of bloodborne diseases;

(C) An explanation of the modes of transmission of bloodborne pathogens;

(D) An explanation of the employer's exposure control plan and the means by which the employee can obtain a copy of the written plan;

(E) An explanation of the appropriate methods for recognizing tasks and other activities that may involve exposure to blood and other potentially infectious materials;

(F) An explanation of the use and limitations of methods that will prevent or reduce exposure including appropriate engineering controls, work practices, and personal protective equipment;

(G) Information on the types, proper use, location, removal, handling, decontamination and disposal of personal protective equipment;

(H) An explanation of the basis for selection of personal protective equipment;

(I) Information on the hepatitis B vaccine, including information on its efficacy, safety, method of administration, the benefits of being vaccinated, and that the vaccine and vaccination will be offered free of charge;

(J) Information on the appropriate actions to take and persons to contact in an emergency involving blood or other potentially infectious materials;

(K) An explanation of the procedure to follow if an exposure incident occurs, including the method of reporting the incident and the medical follow-up that will be made available;

(L) Information on the post-exposure evaluation and follow-up that the employer is required to provide for the employee following an exposure incident;

(M) An explanation of the signs and labels and/or color coding required by paragraph (g)(1); and

(N) An opportunity for interactive questions and answers with the person conducting the training session.

(viii) The person conducting the training shall be knowledgeable in the subject matter covered by the elements contained in the training program as it relates to the workplace that the training will address.

(ix) Additional Initial Training for Employees in HIV

# Bloodborne Pathogens Exposure Control Plan

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and HBV Laboratories and Production Facilities.

Employees in HIV or HBV research laboratories and HIV or HBV production facilities shall receive the following initial training in addition to the above training requirements.

(A) The employer shall assure that employees demonstrate proficiency in standard microbiological practices and techniques and in the practices and operations specific to the facility before being allowed to work with HIV or HBV.

(B) The employer shall assure that employees have prior experience in the handling of human pathogens or tissue cultures before working with HIV or HBV.

(C) The employer shall provide a training program to employees who have no prior experience in handling human pathogens. Initial work activities shall not include the handling of infectious agents. A progression of work activities shall be assigned as techniques are learned and proficiency is developed. The employer shall assure that employees participate in work activities involving infectious agents only after proficiency has been demonstrated.

**(h) Recordkeeping - (1)**

*Medical Records.* (i) The employer shall establish and maintain an accurate record for each employee with occupational exposure, in accordance with 29 CFR 1910.1020.

(ii) This record shall include:

(A) The name and social security number of the employee;

(B) A copy of the employee's hepatitis B vaccination status including the dates of all the hepatitis B vaccinations and any medical records relative to the employee's ability to receive vaccination as required by paragraph (f)(2);

(C) A copy of all results of examinations, medical testing, and follow-up procedures as required by paragraph (f)(3);

(D) The employer's copy of the healthcare professional's written opinion as required by paragraph (f)(5); and

(E) A copy of the information provided to the healthcare professional as required by paragraphs (f)(4)(ii)(B)(C) and (D).

(iii) Confidentiality. The employer shall ensure that employee medical records required by paragraph (h)(1) are:

(A) Kept confidential; and  
(B) Are not disclosed or reported without the employee's express written consent to any person within or outside the workplace except as required by this section or as may be required by law.

(iv) The employer shall maintain the records required by paragraph (h) for at least the duration of employment plus 30 years in accordance with 29 CFR 1910.1020.

(2) *Training Records.* (i) *Training records shall include the following information:*

(A) The dates of the training sessions;

(B) The contents or a summary of the training sessions;

(C) The names and qualifications of persons conducting the training; and

(D) The names and job titles of all persons attending the training sessions.

(ii) Training records shall be maintained for 3 years from the date on which the training occurred.

(3) *Availability.* (i) The employer shall ensure that all records required to be maintained by this section shall be made available upon request to the Assistant Secretary and the Director for examination and copying.

(ii) Employee training records required by this paragraph shall be provided upon request for examination and copying to employees, to employee representatives, to the Director, and to the Assistant Secretary.

(iii) Employee medical records required by this paragraph shall be provided upon request for examination and copying to the subject employee, to anyone having written consent of the subject employee, to the Director, and to the Assistant Secretary in accordance with 29 CFR 1910.1020.

(4) *Transfer of Records.* (i) The employer shall comply with the requirements involving transfer of records set forth in 29 CFR 1910.1020(h).

(ii) If the employer ceases to do business and there is no successor employer to receive and retain the records for the

# Bloodborne Pathogens Exposure Control Plan

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prescribed period, the employer shall notify the Director, at least three months prior to their disposal and transmit them to the Director, if required by the Director to do so, within that three month period.

(5) *Sharps injury log.* (i) The employer shall establish and maintain a sharps injury log for the recording of percutaneous injuries from contaminated sharps. The information in the sharps injury log shall be recorded and maintained in such manner as to protect the confidentiality of the injured employee. The sharps injury log shall contain, at a minimum:

- (A) The type and brand of device involved in the incident,
  - (B) The department or work area where the exposure occurred, and
  - (C) An explanation of how the incident occurred.
- (ii) The requirement to establish and maintain a sharps injury log shall apply to any employer who is required to maintain a log of occupational injuries and illnesses under 29 CFR 1904.
- (iii) The sharps injury log shall be maintained for the period required by 29 CFR 1904.6

(i) *Dates - (1) Effective Date.* The standard shall become effective on March 6, 1992.

(2) The Exposure Control Plan required by paragraph (c) of this section shall be completed on or before May 5, 1992.

(3) Paragraph (g)(2)  
Information and Training and  
(h) Recordkeeping shall take effect on or before June 4, 1992.

(4) Paragraphs (d)(2)  
Engineering and Work Practice Controls, (d)(3) Personal Protective Equipment, (d)(4) Housekeeping, (e) HIV and HBV Research Laboratories and Production Facilities, (f) Hepatitis B Vaccination and Post-Exposure Evaluation and Follow-up, and (g) (1) Labels and Signs, shall take effect July 6, 1992.

1996; 66 FR 5325 Jan. 18, 2001]

## Appendix A to Section 1910.1030-Hepatitis B Vaccine Declination (Mandatory)

I understand that due to my occupational exposure to blood or other potentially infectious materials I may be at risk of acquiring hepatitis B virus (HBV) infection. I have been given the opportunity to be vaccinated with hepatitis B vaccine, at no charge to myself. However, I decline hepatitis B vaccination at this time. I understand that by declining this vaccine, I continue to be at risk of acquiring hepatitis B, a serious disease. If in the future I continue to have occupational exposure to blood or other potentially infectious materials and I want to be vaccinated with hepatitis B vaccine, I can receive the vaccination series at no charge to me.

[56 FR 64004, Dec. 06, 1991, as amended at 57 FR 12717, April 13, 1992; 57 FR 29206, July 1, 1992; 61 FR 5507, Feb. 13,

## **Bloodborne Pathogens Exposure Control Plan**

### **APPENDIX B INFECTIOUS WASTE DISPOSAL PROCEDURES**

#### **INTRODUCTION**

The University of Iowa's Biohazard Waste Management Plan has been prepared in accordance with EPA, OSHA and State of Iowa Regulations. At the University of Iowa, biohazardous waste is transported off site in 28 or 40-gallon Rubbermaid containers for disposal. Most biohazardous waste is disposed of by processing in an industrial autoclave prior to disposal in a landfill.

This memo is intended to clarify segregation, packing and pickup of wastes, both biohazardous and uncontaminated.

#### **DEFINING BIOHAZARDOUS WASTE**

Biohazardous waste typically includes waste containing pathogens with sufficient virulence and quantity so that exposure to the waste by a susceptible host could result in an infectious disease. The UI also includes all sharps from medical areas, patient care, and research, in addition to the waste types described below.

#### **BIOHAZARDOUS WASTE TYPES**

1. Cultures, stocks of infectious agents and associated biologicals including but not limited to:
  - Specimens from medical, pathology and research laboratories;
  - Disposable culture/petri dishes;
  - Devices used to transfer, inoculate, and mix cultures;
  - Wastes from the production of biologicals; and
  - Discarded live and attenuated vaccines.
2. Human blood, blood products, and body fluids.
3. All sharps (contaminated and uncontaminated) such as:
  - Needles and syringes;
  - Scalpels, razors, microtome blades;
  - Pasteur pipettes;
  - Slides and cover plates; and
  - Broken glass.
4. Carcasses, body parts and bedding from animals exposed to pathogens in research.
5. Other laboratory wastes including but not limited to:
  - Specimen containers;
  - Disposable gloves, lab coats, masks and aprons;
  - Disposable pipettes;
  - All cell culture materials;
  - All microorganisms constructed using rDNA;
  - Pipette tips; and
  - Solidified blood and body fluids.
  - All wastes that have been steam sterilized.

## **Bloodborne Pathogens Exposure Control Plan**

### **HANDLING BIOHAZARDOUS WASTE**

Waste must be segregated at the point of origin by the generator. Culture plates and vials containing pathogenic organisms must be autoclaved prior to disposal, using autoclavable bags (orange or red). Place in a redbag-lined biowaste container after autoclaving. *Do not use the biohazard box's red liner for autoclaving.*

Waste must be placed either directly into the red-bag lined biowaste tub, *or* a red-bag lined white biowaste box. *Do not put chemical or radioactive waste into the biohazardous waste. Contact EHS at 5-8501 for disposal of chemical or radioactive waste.*

**All sharps** must be placed in a red sharps container or a Winfield Sharps container.

**Animal carcasses, body parts and bedding** from animals exposed to pathogens should be disposed of in accordance with Animal Resources' procedures. Call 5-7985 for more information.

**Human tissues and body parts** are disposed of in the Anatomy crematory, call the Anatomy Donor Coordinator at 5-7762.

**Human blood, blood products and body fluids** greater than 500 ml must be *solidified* with a product such as Isolyzer and placed in a biowaste box or tub. Amounts less than 500ml can be disinfected with a bleach solution (1:10 final dilution) and sewered.

### **UNCONTAMINATED WASTE**

**Uncontaminated sharps** must also be placed in a red sharps container.

**Plastic bottles and jars**, e.g. media, bleach, or alcohol containers - place in regular trash, or recycle bin, if available.

**Glass bottles or jars - empty, rinsed and unbroken** - place in a **sturdy** cardboard box. If no box is available, place in a biowaste tub.

**Broken laboratory glass** - place in sharps containers.

### **PREPARING FOR PICKUP**

Properly packaged, labeled waste will be removed from labs by Facility Management (FM) custodial staff per schedule or as needed. Instructions for packaging biohazardous waste can be found on the EHS website: <http://ehs.research.uiowa.edu/biohazardous-waste-instructions-preparing-containers-disposal>

1. Do not overfill biowaste tubs. Keep weight below 50 lbs.
2. Secure sharps container closure with tape. Secure biowaste box liner, then close and seal the box. Close cardboard box with glass containers and label as uncontaminated.
3. Place sharps container or biowaste box into a red-bag lined biowaste tub. Use a gooseneck knot to close red bag. Secure lid on tub. Follow same procedures if red tubs are filled directly. All waste must be in a red-bag lined biowaste tub before it will be removed.
4. Attach a signed and dated Biohazardous Waste Certification label. Instructions for labeling Biohazardous Waste Certifications can be found on the EHS website:  
<http://ehs.research.uiowa.edu/48-labeling-instructions>
5. Place in designated area for pickup. Check with custodial staff for pickup information.

## **Bloodborne Pathogens Exposure Control Plan**

6. Obtain clean biowaste tubs and red liners from designated dock areas, or call EHS at 5-4625.

### **ORDERING CONTAINERS**

Containers available from Biochemistry Stores (BS) are listed below. Chemistry Stores (CS) also stocks two items, as listed below.

<b><u>Item</u></b>	<b><u>Capacity</u></b>	<b><u>BS#</u></b>	<b><u>CS#</u></b>
Winfield Sharps Container #187.....	23.5 qt.....	159042 .....	NA
Winfield Sharps Container #180.....	10 qt.....	159044 .....	NA
Winfield Sharps Container #182.....	6.2 qt.....	159046 .....	NA
Winfield Sharps Container #184.....	3 qt.....	159048 .....	NA
Winfield Sharps Container .....	1 qt.....	159049 .....	NA
Red Sharps Container, w/lid .....	2 gal .....	159031 .....	NA
Red Sharps Container, w/lid .....	8 gal .....	159040 .....	in stock (6 gal)
Biohazard Box, Red Liner .....	15 gal .....	159032 .....	81000
Autoclave Bags, Red 2 mil .....	25x35 in .....	065700 .....	NA
Autoclave Bags, Orange 2 mil .....	25x35 in .....	065705 .....	NA
Autoclave Bags, Orange 2 mil .....	14x19 in .....	065710 .....	NA

## **Bloodborne Pathogens Exposure Control Plan**

### **APPENDIX C**

#### **THE UNIVERSITY EMPLOYEE HEALTH CLINIC (UEHC) MANAGEMENT OF BLOODBORNE PATHOGENS EXPOSURES**

##### **I. Exposures to Blood and Bloody Body Fluids**

- A. Exposures to bloodborne pathogens consist of:
  1. Needle-sticks or cuts from sharp instruments that are contaminated with blood.
  2. Contact of the eye, nose, mouth, or non-intact skin with blood or body fluids containing blood.
  3. Human bite.
- B. Immediately following an exposure to blood or bloody body fluids:
  1. Clean wounds with soap and water.
  2. Flush mucous membranes with clean water.
  3. Flush eyes with clean water or sterile eye irrigant.

##### **II. Reporting An Exposure**

- A. All staff members who have exposures to blood or body fluids that contain visible blood should be seen immediately in the UEHC (356-3631) if the exposure occurs between 7:30 AM and 4:30 PM Monday-Friday. Staff members exposed at any other time should report immediately to the Emergency Treatment Center (ETC). DO NOT DELAY BECAUSE PROPHYLAXIS, IF IT IS WARRANTED, SHOULD BE STARTED AS SOON AS POSSIBLE AFTER THE EXPOSURE, PREFERABLY WITHIN 2 HOURS.
- B. The staff member who sustained an exposure must complete the following forms:
  1. "State of Iowa Workers Comp Form- First Report of Injury."
  2. "Needlestick/Hepatitis Exposure Report"; completed by personnel in the UEHC to document the route(s) of exposure and the circumstances under which the exposure incident occurred. This document will be filed in the employee's UEHC medical record.
  3. UIHC staff must complete Form 261, "Unusual Incident and Accident Report Staff/Equipment" (commonly called Incident Report).
  4. Non-UIHC staff, along with their supervisor must complete the Exposure Incident Form found in Appendix F.

##### **III. Source**

- A. Source patient will be determined if possible.
- B. If source is known, UEHC or ETC will notify the source's physician/dentist as soon as possible, that his/her patient was involved in an exposure. UEHC will ask the physician or dentist whether the source has known risk factors and will request appropriate lab testing.
- C. If source patient is known, but refuses to be tested, no testing can be performed. (Under current Iowa law, the patient has the right to refuse testing.)
- D. When testing the source, his/her physician/dentist approaches the patient to gain consent for appropriate tests and to sign the appropriate forms.
  1. If one of the physicians caring for the patient is the person exposed, this person should NOT ask for permission to test the source patient. Another physician on the team should ask the patient for permission to do the testing.

## **Bloodborne Pathogens Exposure Control Plan**

- E. Results of source testing are kept confidential and are shared with the source by the primary care physician/dentist.

### **IV. Employee/Staff/Volunteers**

- A. After appointment is scheduled, report to UEHC for counseling, gathering of information from the source and employee, treatment and documentation.
- B. Information obtained includes risk factors, immunizations and titers, medications, and health problems.
- C. Post exposure prophylaxis (PEP) is initiated, if deemed necessary. Appropriate lab work is also drawn.
- D. Follow-up appointments are scheduled per protocol.
- E. Confidentiality issues concerning disclosure of source results and the maintenance of medical records are discussed.

**Bloodborne Pathogens Exposure Control Plan**

**APPENDIX D**  
**BIOHAZARD SYMBOL**



## **Bloodborne Pathogens Exposure Control Plan**

### **APPENDIX E DEFINITIONS**

**Blood**--human blood, human blood components and products made from human blood.

**Bloodborne pathogens**--pathogenic microorganisms that are present in human blood and can cause disease in humans. These pathogens include, but are not limited to, hepatitis B virus (HBV) and human immunodeficiency virus (HIV).

**Clinical Laboratory**--a workplace where diagnostic or other screening procedures are performed on blood or other potentially infectious materials.

**Contaminated**--the presence or reasonably anticipated presence of blood or other potentially infectious materials on an item or surface.

**Contaminated Laundry**- laundry that has been soiled with blood or other potentially infectious materials or may contain sharps.

**Contaminated Sharps**--any contaminated object that can penetrate the skin including, but not limited to, needles, scalpels, broken glass, broken capillary tubes, and exposed ends of dental wires.

**Decontamination**--the use of physical or chemical means to remove, inactivate, or destroy bloodborne pathogens on a surface or item to the point where they are no longer capable of transmitting infectious particles and the surface or item is rendered safe for handling, use, or disposal.

**Engineering Controls**--means controls (e.g., sharps disposal containers, self-sheathing needles, safer medical devices, such as sharps with engineered sharps injury protections and needleless systems) that isolate or remove the bloodborne pathogens hazard from the workplace.

**Exposure Incident**--a specific eye, mouth, other mucous membrane, non-intact skin, or parenteral contact with blood or other potentially infectious materials that results from the performance of an employee's duties.

**Handwashing Facilities**--facility providing an adequate supply of running potable water, soap, and single use towels or air drying machines.

**HBV**--hepatitis B virus.

**HIV**--human immunodeficiency virus.

**Licensed Healthcare Professional**--a person whose legally permitted scope of practice allows him or her to independently perform the activities required by paragraph (f) Hepatitis B Vaccination and Post-exposure Evaluation and Follow-up.

**Needleless Systems**--means a device that does not use needles for: (1) The collection of bodily fluids or withdrawal of body fluids after initial venous or arterial access is established; (2) The administration of medication or fluids; or (3) Any other procedure involving the potential for occupational exposure to bloodborne pathogens due to percutaneous injuries from contaminated sharps.

## **Bloodborne Pathogens Exposure Control Plan**

**Occupational Exposure**--reasonably anticipated skin, eye, mucous membrane, or parenteral contact with blood or other potentially infectious materials that may result from the performance of an employee's duties.

**Other Potentially Infectious Materials (OPIM)**--(1) the following human body fluids: semen, vaginal secretions, cerebrospinal fluid, synovial fluid, pleural fluid, pericardial fluid, peritoneal fluid, amniotic fluid, saliva in dental procedures, and any body fluid that is visibly contaminated with blood, and all body fluids in situations where it is difficult or impossible to differentiate between body fluids; (2) any unfixed tissue or organ (other than intact skin) from a human (living or dead); and (3) HIV-containing cell or tissue cultures, organ cultures, and HIV- or HBV-containing culture medium or other solutions; and blood, organs or other tissues from experimental animals infected with HIV or HBV.

**Parenteral**--piercing mucous membranes or the skin barrier through such events as needle-sticks, human bites, cuts, and abrasions.

**Personal Protective Equipment (PPE)**--specialized clothing or equipment worn by an employee for protection against a hazard. General work clothes (e.g., uniforms, pants, shirts or blouses) not intended to function as protection against a hazard are not considered to be personal protective equipment.

**Production Facility**-- a facility engaged in industrial-scale, large-volume, or high concentration production of HIV or HBV.

**Regulated Waste**--liquid or semi-liquid blood or other potentially infectious materials; contaminated items that would release blood or other potentially infectious materials in a liquid or semi-liquid state if compressed; items that are caked with dried blood or other potentially infectious materials and are capable of releasing these materials during handling; contaminated sharps; and pathological and microbiological wastes containing blood or other potentially infectious materials.

**Research Laboratory**--a laboratory producing or using research laboratory scale amounts of HIV or HBV. Research laboratories may produce high concentrations of HIV or HBV, but not in the volume found in production facilities.

**Sharps with engineered sharps injury protections**-- means a non-needle sharp or a needle device used for withdrawing body fluids, accessing a vein or artery, or administering medications or other fluids, with a built-in safety feature or mechanism that effectively reduces the risk of an exposure incident.

**Source Individual**--any individual, living or dead, whose blood or other potentially infectious materials may be a source of occupational exposure to the employee. Examples include, but are not limited to, hospital and clinic patients; clients in institutions for the developmentally disabled; trauma victims; clients of drug and alcohol treatment facilities; residents of hospices and nursing homes; human remains; and individuals who donate or sell blood or blood components.

**Sterilize**--the use of a physical or chemical procedure to destroy all microbial life including highly resistant bacterial endospores.

## **Bloodborne Pathogens Exposure Control Plan**

**Universal Precautions (UP)**--an approach to infection control. According to the concept of Universal Precautions, all human blood and certain human body fluids are treated as if known to be infectious for HIV, HBV, and other bloodborne pathogens.

**Work Practice Controls**--controls that reduce the likelihood of exposure by altering the manner in which a task is performed (e.g., prohibiting recapping needles by a two-handed technique).

## **Bloodborne Pathogens Exposure Control Plan**

### **APPENDIX F EXPOSURE INCIDENT FORM**

In the event of an exposure incident, two forms must be completed: (1) *the Employer's First Report of Injury* form for worker's compensation, and (2) the information on this form. The information provided below is intended to assist in evaluating the control methods used and to prevent future employee exposures.

*Name of Person* \_\_\_\_\_ *Department* \_\_\_\_\_

*Incident Date* \_\_\_\_\_ *Time* \_\_\_\_\_

*Incident: Mark in each column, as appropriate*

<i>Incident:</i>	<i>Injury type:</i>	<i>Body Part Injured:</i>
<input type="checkbox"/> Cut:	<input type="checkbox"/> Abrasion	<input type="checkbox"/> Finger
<input type="checkbox"/> Exposure:	<input type="checkbox"/> Laceration	<input type="checkbox"/> Hand
<input type="checkbox"/> Body Fluids	<input type="checkbox"/> Puncture	<input type="checkbox"/> Arm
<input type="checkbox"/> Infectious Material	<input type="checkbox"/> Mucous Membrane	<input type="checkbox"/> Eye
<input type="checkbox"/> Other_____	<input type="checkbox"/> Other_____	<input type="checkbox"/> Other_____

*Description of Incident*

*Protective equipment used:*

- |   |   |                                |
|---|---|--------------------------------|
| <input type="checkbox"/> Gloves           | <input type="checkbox"/> Protective Sleeves | <input type="checkbox"/> Other |
| <input type="checkbox"/> Goggles          | <input type="checkbox"/> Lab Coat           |                                |
| <input type="checkbox"/> Face Mask/shield | <input type="checkbox"/> Gown               |                                |

*Seen by:*

- |  |
|--|
| <input type="checkbox"/> UEHC                        |
| <input type="checkbox"/> No Medical Treatment sought |
| <input type="checkbox"/> Emergency Treatment Center  |

*What changes need to be made to prevent reoccurrence?*

*Report prepared by:* \_\_\_\_\_

*Position* \_\_\_\_\_

Please send completed form to: Rachel White, Environmental Health & Safety, 100 EHS

## **Bloodborne Pathogens Exposure Control Plan**

### **APPENDIX G**

#### **SUPERVISOR CHECKLIST FOR USE OF HUMAN BLOOD OR OTHER POTENTIALLY INFECTIOUS MATERIALS**

Using this checklist ensures that proper procedures have been followed before beginning any work with human blood or other potentially infectious materials. (*Section number in parentheses refers to the section of the Exposure Control Plan*).

##### **Exposure Determination (Section 1)**

- Employer has performed an exposure determination concerning employees who may incur occupational exposure to blood or OPIM.

##### **Medical Surveillance (Section 2)**

- All affected personnel have either received Hepatitis B vaccinations or been offered the vaccination and there is a Hepatitis B Vaccination Form on record at the University Employee Health Clinic (UEHC).
- Procedures for responding to an exposure incident are in place.  
Post exposure evaluation is done through UEHC (6-3632), a Bloodborne Pathogens Exposure Incident Report (Appendix F) and a State of Iowa Employers Work Injury Report is completed and all incidents evaluated to prevent repeat occurrences.

##### **Training and Information (see Section 2)**

- All affected personnel have taken the Bloodborne Pathogens Exposure Control Training annually.
- All new affected personnel receive Bloodborne Pathogens Exposure Control Training prior to their first assignment involving potential exposure.
- All affected personnel have received training on work site specific practices.
- Records are kept documenting all training.
- Biohazard warning labels and door signs are affixed to doors, refrigerators and freezers.  
Signs are provided by EHS, phone number 5-8501.

##### **Safe Work Practices (see Section 2)**

- All affected employees are required to practice Universal Precautions.
- Appropriate personal protective equipment is provided at no cost to personnel.
- Hand washing and eyewash facilities are provided.
- Alternative safe sharps devices are used wherever it will reduce personnel exposure, either by removing, eliminating or isolating the hazard, regardless of cost.
- Evaluations of alternative safer sharps devices are documented annually in writing.

## **Bloodborne Pathogens Exposure Control Plan**

### **Appendix H**

#### **Biosafety Level 2 (BSL-2) Criteria from**

***Biosafety in Microbiological and Biomedical Laboratories (BMBL), 4th Edition***

**Biosafety Level 2** is similar to Biosafety Level 1 and is suitable for work involving agents of moderate potential hazard to personnel and the environment. It differs from BSL-1 in that (1) laboratory personnel have specific training in handling pathogenic agents and are directed by competent scientists; (2) access to the laboratory is limited when work is being conducted; (3) extreme precautions are taken with contaminated sharp items; and (4) certain procedures in which infectious aerosols or splashes may be created are conducted in biological safety cabinets or other physical containment equipment.

The following standard and special practices, safety equipment, and facilities apply to agents assigned to Biosafety Level 2:

#### **A. Standard Microbiological Practices**

1. Access to the laboratory is limited or restricted at the discretion of the laboratory director when experiments are in progress.
2. Persons wash their hands after they handle viable materials, after removing gloves, and before leaving the laboratory.
3. Eating, drinking, smoking, handling contact lenses, and applying cosmetics are not permitted in the work areas. Food is stored outside the work area in cabinets or refrigerators designated for this purpose only.
4. Mouth pipetting is prohibited; mechanical pipetting devices are used.
5. Policies for the safe handling of sharps are instituted.
6. All procedures are performed carefully to minimize the creation of splashes or aerosols.
7. Work surfaces are decontaminated on completion of work or at the end of the day and after any spill or splash of viable material with disinfectants that are effective against the agents of concern.
8. All cultures, stocks, and other regulated wastes are decontaminated before disposal by an approved decontamination method such as autoclaving. Materials to be decontaminated outside of the immediate laboratory are placed in a durable, leakproof container and closed for transport from the laboratory. Materials to be decontaminated off-site from the facility are packaged in accordance with applicable local, state, and federal regulations, before removal from the facility.
9. An insect and rodent control program is in effect.

#### **B. Special Practices**

1. Access to the laboratory is limited or restricted by the laboratory director when work with infectious agents is in progress. In general, persons who are at increased risk of acquiring infection, or for whom infection may have serious consequences, are not

## **Bloodborne Pathogens Exposure Control Plan**

allowed in the laboratory or animal rooms. For example, persons who are immunocompromised or immunosuppressed may be at increased risk of acquiring infections. The laboratory director has the final responsibility for assessing each circumstance and determining who may enter or work in the laboratory or animal room.

2. The laboratory director establishes policies and procedures whereby only persons who have been advised of the potential hazards and meet specific entry requirements (e.g., immunization) may enter the laboratory.
3. A biohazard sign must be posted on the entrance to the laboratory when etiologic agents are in use. Appropriate information to be posted includes the agent(s) in use, the biosafety level, the required immunizations, the investigator's name and telephone number, any personal protective equipment that must be worn in the laboratory, and any procedures required for exiting the laboratory.
4. Laboratory personnel receive appropriate immunizations or tests for the agents handled or that are potentially present in the laboratory (e.g., hepatitis B vaccine or TB skin testing).
5. When appropriate, considering the agent(s) handled, baseline serum samples for laboratory and other at-risk personnel are collected and stored. Additional serum specimens may be collected periodically, depending on the agents handled or the function of the facility.
6. Biosafety procedures are incorporated into standard operating procedures or in a biosafety manual adopted or prepared specifically for the laboratory by the laboratory director. Personnel are advised of special hazards and are required to read and follow instructions on practices and procedures.
7. The laboratory director ensures that laboratory and support personnel receive appropriate training on the potential hazards associated with the work involved, the necessary precautions to prevent exposures, and the exposure evaluation procedures. Personnel receive annual updates or additional training as necessary for procedural or policy changes.
8. A high degree of precaution must always be taken with any contaminated sharp items, including needles and syringes, slides, pipettes, capillary tubes, and scalpels.
  - a. Needles and syringes or other sharp instruments should be restricted in the laboratory for use only when there is no alternative, such as parenteral injection, phlebotomy, or aspiration of fluids from laboratory animals and diaphragm bottles. Plasticware should be substituted for glassware whenever possible.
  - b. Only needle-locking syringes or disposable syringe-needle units (i.e., needle is integral to the syringe) are used for injection or aspiration of infectious materials. Used disposable needles must not be bent, sheared, broken, recapped, removed from disposable syringes, or otherwise manipulated by hand before disposal; rather, they must be carefully placed in conveniently located puncture-resistant containers used for sharps disposal. Non-disposable sharps must be placed in a hard-walled container for transport to a processing area for decontamination, preferably by autoclaving.
  - c. Syringes that re-sheath the needle, needleless systems, and other safety devices are used when appropriate.

## **Bloodborne Pathogens Exposure Control Plan**

- d. Broken glassware must not be handled directly by hand, but must be removed by mechanical means such as a brush and dustpan, tongs, or forceps. Containers of contaminated needles, sharp equipment, and broken glass are decontaminated before disposal, according to any local, state, or federal regulations.
9. Cultures, tissues, specimens of body fluids, or potentially infectious wastes are placed in a container with a cover that prevents leakage during collection, handling, processing, storage, transport, or shipping.
10. Laboratory equipment and work surfaces should be decontaminated with an effective disinfectant on a routine basis, after work with infectious materials is finished, and especially after overt spills, splashes, or other contamination by infectious materials. Contaminated equipment must be decontaminated according to any local, state, or federal regulations before it is sent for repair or maintenance or packaged for transport in accordance with applicable local, state, or federal regulations, before removal from the facility.
11. Spills and accidents that result in overt exposures to infectious materials are immediately reported to the laboratory director. Medical evaluation, surveillance, and treatment are provided as appropriate and written records are maintained.
12. Animals not involved in the work being performed are not permitted in the lab.

### **C. Safety Equipment (Primary Barriers)**

1. Properly maintained biological safety cabinets, preferably Class II, or other appropriate personal protective equipment or physical containment devices are used whenever:
  - a. Procedures with a potential for creating infectious aerosols or splashes are conducted. These may include centrifuging, grinding, blending, vigorous shaking or mixing, sonic disruption, opening containers of infectious materials whose internal pressures may be different from ambient pressures, inoculating animals intranasally, and harvesting infected tissues from animals or embryonate eggs.
  - b. High concentrations or large volumes of infectious agents are used. Such materials may be centrifuged in the open laboratory if sealed rotor heads or centrifuge safety cups are used, and if these rotors or safety cups are opened only in a biological safety cabinet.
2. Face protection (goggles, mask, face shield or other splatter guard) is used for anticipated splashes or sprays of infectious or other hazardous materials to the face when the microorganisms must be manipulated outside the BSC.
3. Protective laboratory coats, gowns, smocks, or uniforms designated for lab use are worn while in the laboratory. This protective clothing is removed and left in the laboratory before leaving for non-laboratory areas (e.g., cafeteria, library, administrative offices). All protective clothing is either disposed of in the laboratory or laundered by the institution and never taken home by personnel.

## **Bloodborne Pathogens Exposure Control Plan**

4. Gloves are worn when hands may contact potentially infectious materials, contaminated surfaces or equipment. Wearing two pairs of gloves may be appropriate. Gloves are disposed of when overtly contaminated, and removed when work with infectious materials is completed or when the integrity of the glove is compromised. Disposable gloves are not washed, reused, or used for touching "clean" surfaces (keyboards, telephones, etc.), and they should not be worn outside the lab. Alternatives to powdered latex gloves should be available. Hands are washed following removal of gloves.

### **D. Laboratory Facilities (Secondary Barriers)**

1. Provide lockable doors for facilities that house restricted agents (as defined in 42 CFR 73).
2. Consider locating new laboratories away from public areas.
3. Each laboratory contains a sink for handwashing.
4. The laboratory is designed so that it can be easily cleaned. Carpets and rugs in laboratories are inappropriate.
5. Bench tops are impervious to water and are resistant to moderate heat and the organic solvents, acids, alkalis, and chemicals used to decontaminate the work surfaces and equipment.
6. Laboratory furniture is capable of supporting anticipated loading and uses. Spaces between benches, cabinets, and equipment are accessible for cleaning. Chairs and other furniture used in laboratory work should be covered with a non-fabric material that can be easily decontaminated.
7. Install biological safety cabinets in such a manner that fluctuations of the room supply and exhaust air do not cause the biological safety cabinets to operate outside their parameters for containment. Locate biological safety cabinets away from doors, from windows that can be opened, from heavily traveled laboratory areas, and from other potentially disruptive equipment so as to maintain the biological safety cabinet's air flow parameters for containment.
8. An eyewash station is readily available.
9. Illumination is adequate for all activities, avoiding reflections and glare that could impede vision.
10. There are no specific ventilation requirements. However, planning of new facilities should consider mechanical ventilation systems that provide an inward flow of air without recirculation to spaces outside of the laboratory. If the laboratory has windows that open to the exterior, they are fitted with fly screens.

## **Bloodborne Pathogens Exposure Control Plan**

### **APPENDIX I**

#### **SCHEDULE FOR CLEANING AND DECONTAMINATION**

Under the Bloodborne Standard, each work area must be kept clean and sanitary and a cleaning schedule implemented. This written schedule must address locations within the facility, types of surfaces to be cleaned, and tasks or procedures to be performed.

<b>Facility area, surface or equipment</b>	<b>Frequency</b>	<b>Disinfectant used</b>	<b>Procedure for decontaminating equipment/surfaces</b>
Example: Workbench	Daily and after spills, or when contaminated	10 % bleach	Using disposal wipes, wipe bench tops with a solution of 10% bleach.
Ex: Faceshield	Daily and when visibly contaminated	10 % bleach.	Using disposal wipes, wipe face-shield with a solution of 10% bleach.

## **Bloodborne Pathogens Exposure Control Plan**

### **APPENDIX J RESOURCES**

#### **University of Iowa**

University of Iowa Biosafety Manual:

<http://ehs.research.uiowa.edu/biological-safety-manual>

University of Iowa Biohazard Waste Guide

<http://ehs.research.uiowa.edu/files/ehs.research.uiowa.edu/files/forms/biowaste.pdf>

University of Iowa Hepatitis B Vaccination Form

<http://ehs.research.uiowa.edu/files/ehs.research.uiowa.edu/files/forms/HepatitisVaccineSingleForm.pdf>

#### **Regulations**

Needlestick Safety and Prevention Act (H.R.5178). Public Law 106-430 - Signed 11/6/2000:

[http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=106\\_cong\\_bills&docid=f:h5178enr.txt.pdf](http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=106_cong_bills&docid=f:h5178enr.txt.pdf)

OSHA. Bloodborne Pathogens Web Site

<http://www.osha.gov/SLTC/bloodbornepathogens/index.html>

OSHA. Occupational Exposure to Bloodborne Pathogens; Needlestick and Other Sharps Injuries; Final Rule

[http://www.osha.gov/pls/oshaweb/owadisp.show\\_document?p\\_id=16265&p\\_table=FEDERAL\\_REGISTER](http://www.osha.gov/pls/oshaweb/owadisp.show_document?p_id=16265&p_table=FEDERAL_REGISTER)

#### **Bloodborne Disease Information**

Information about HIV/AIDS:

<http://www.cdc.gov/hiv/pubs/faqs.htm>

Information about Hepatitis B:

<http://www.cdc.gov/hepatitis/ChooseB.htm>

Information about Hepatitis C:

<http://www.cdc.gov/hepatitis/ChooseC.htm>

Information on Latex Allergies:

<http://www.cdc.gov/niosh/latexalt.html>

#### **Safer Sharps Devices Information**

OSHA booklet on How to Prevent Needlestick Injuries:

<http://www.osha.gov/Publications/osha3161.pdf>

Preventing Needlestick Injuries in Health Care Settings (National Institute of Occupational Safety and Health Alert):

<http://www.cdc.gov/niosh/docs/2000-108>

*Biochem Stores:*

<http://stores.biochem.uiowa.edu/CatIndex.htm>

*UIHC Processed Stores: Safety Medical Devices List;*

<http://www.healthcare.uiowa.edu/matsrv/ps/index.htm>

## **Bloodborne Pathogens Exposure Control Plan**

### **Annual Program Review**

This Exposure Control Plan is reviewed annually for its effectiveness and compliance with applicable regulations.

Review Date: 10/17/08

Conducted By: Stacy Fountain

#### Comments:

1. Reviewed and updated list of employees in positions where all individuals are at risk and in positions where some are at risk.
2. The dates on Page 1 and in the footnotes reflect the current date.
3. Changed the Health Protection Office (HPO) departmental name to the Environmental Health & Safety Office (EHS).
4. Changed Appendix J: Websites have been updated with working links including:  
Information about Hepatitis B  
Information about Hepatitis C  
Removed: OSHA's Safer Needle Devices Presentation as the link was no longer active.
5. Added an Annual Program Review page to demonstrate that the plan has been reviewed annually.

Review Date: 10/20/09

Conducted By: Stacy Fountain

#### Comments:

1. Review and update your list of employees in positions where all individuals are at risk and in positions where some are at risk.
2. The dates on Page 1 and in the footnotes reflect the current date.
3. Pg. 12, Control Method Evaluation: the form should be sent to the Assoc. Biosafety Officer.
4. Pg. 15, Employee Accident Reporting: Appendix F is the Exposure Incident Form; the form should be sent to the Assoc. Biosafety Officer.
5. Appendix A format changed
6. Appendix B has been updated with several changes.
7. Appendix J: The link for Preventing Needlestick Injuries in Health Care Setting has been updated.
8. Annual Program Review

Review Date: 11/2/2010

Conducted By: Stacy Fountain

#### Comments:

## **Bloodborne Pathogens Exposure Control Plan**

1. Review and update your list of employees in positions where all individuals are at risk and in positions where some are at risk.
2. The dates on Page 1 and in the footnotes reflect the current date.
3. Pg. 4, The Title of the hospital has been amended to read “The University of Iowa Hospitals and Clinic’s...”
4. Appendix B Text was changed in *Introduction, Handling Biohazardous Waste, Uncontaminated Waste* and *Preparing for Pickup* sections.
5. Appendix F: Forms should be submitted to Caitlin Ross Cloud, at the same address listed.
6. Annual Program Review

Review Date: 11/28/2011      Conducted By: Stacy Fountain

### Comments:

1. Review and update your list of employees in positions where all individuals are at risk and in positions where some are at risk.  
A significant part of the annual review involves ensuring employees in your department are classified correctly ("at risk" vs. "not at risk"). If you are unfamiliar with this process, please follow the instructions in the template.

### 2. Updated BBP Template

A BBP template is maintained to help you complete your Department's Exposure Control Plan. Attached is the 2011 version. Changes made to the template since 2010 include:

#### Body of text:

- The dates on Page 1 and in the footnotes reflect the current date.
- Pg. 1, Section: Responsibilities, the phrase “their Departmental Human Resources Representative and” has been inserted before “the Departmental Exposure Control Officer”
- Pg. 8, Section J, the phrase “or tongs” has been added after “brush and dustpan”
- Pg. 9, Section K, #1 has been rewritten for accuracy.
- Pg. 9, Section K, the sentence “Full sharps containers must then also be placed inside lined Rubbermaid biohazardous waste tubs and disposed of following procedures set forth in Appendix B” has been added after the bulletpoint in #2 beginning “Secure the lids on the sharps containers...”
- Pg. 9, Section K #3, the phrase “...a product such as Isolyzer and the container placed a biohazard box” has been changed to “...a product such as Isolyzer and the container placed a biohazardous waste container”
- Pg. 9, Section K #3, the phrase “...and labeled” has been added to the bulletpoint beginning “Custodial service will collect *properly* packaged”
- Pg. 11, Section N: Vaccination Program, the sentence “Vaccination forms can be obtained from the Departmental Exposure Control Officer, or the Environmental Health and Safety webpage as referenced in the Resources section” has been added to the end of the section.
- Pg. 11, Section O: Medical Evaluation, the phrase “...after seeking medical attention” was added after “...within 24 hours”
- Pg. 11, Section O: Medical Evaluation, a new bulletpoint was added that reads “For BBP related exposure incidents, UI employed students injuring while working will utilize UEHC. Non-employed student, or employed students injured outside of work will use the Student Health Center during operating hours, and University Hospital’s Emergency Treatment Center if the injury is emergent or occurs outside of operating hours. For more

## **Bloodborne Pathogens Exposure Control Plan**

information, a guideline is available at:

<https://research.uiowa.edu/ehs/files/documents/biosafety/medtreatforstudents.pdf>"

### Appendix A:

- Header: The information “, 76 FR 33597, June 8, 2011” should be added after “66 FR 5325 Jan.18, 2001”
- Pg 2., Handwashing Facilities: strike the word “hot” from “...single use towels or hot air drying machines”

### Appendix B:

- Introduction: The introduction should now read: “The University of Iowa’s Biohazard Waste Management Plan has been prepared in accordance with EPA, OSHA and State of Iowa Regulations. At the University of Iowa, biohazardous waste is transported off site in 28 or 40-gallon Rubbermaid containers for disposal. Most biohazardous waste is disposed of by processing in an industrial autoclave prior to disposal in a landfill.”
- Preparing for Pickup: The sentence “Instructions for packaging biohazardous waste can be found on the EHS website:  
<https://research.uiowa.edu/ehs/files/documents/waste/biowastetubclosing.pdf>“ was added after the first sentence.
- Preparing for Pickup: #2: The sentence “Instructions for labeling Biohazardous Waste Certifications can be found on the EHS website:  
<https://research.uiowa.edu/ehs/files/documents/waste/biowastelabeling.pdf>“ was added after the first sentence.

### Appendix E:

- Handwashing Facilities: Per OSHA standard updates, the word “hot” has been removed from the phrase “hot air drying machines” to accommodate newer high velocity hand dryers (Dyson Airblade, eg)

### 3. Annual Program Review

In order to demonstrate that your plan has been reviewed annually; you must include a page that is signed and dated, noting changes made at the time of review.

(See <https://research.uiowa.edu/ehs/files/documents/biosafety/annualprogrev.pdf>)

### 4. Training Records

Departments are responsible for ensuring their staff receive training at the time of initial hire, reassignment and annually. To assist departments, the BBP training records are included in the HR Report system. On the reports titled "BBP Exposure-At Risk" and "BBP Exposure-Not at Risk," note there are 3 columns to the right of Job Code and Description.

- The first column shows a date if there is a record of BBP training in EHS's database. If your department has BBP training records that you would like included in the HR Data Access system, please contact Haley Sinn at 5-9553.
- A "Y" in the next column reflects that a Hepatitis B vaccination was offered.
- The third column has a "Y" if the individual is "at risk" and "N" if "not at risk."

### 5. Notify EHS of Plan Update.

Please reply to this email when you have finished updating your department's document with the date the update was completed.

Review Date: 12/19/2011      Conducted By: Stacy Fountain

Comments:

**From:** Ross, Caitlin (EHS)

**Sent:** Monday, December 19, 2011 2:59 PM

## **Bloodborne Pathogens Exposure Control Plan**

**To:** Ross, Caitlin (EHS)  
**Subject:** Exposure Control Plan--Required Change  
**Importance:** High

Exposure Control Officers,

Following our annual Exposure Control Plan update email, we received a request from an ECO that we review one of the changes we made to the exposure control plan with Human Resources. The ECO believed it conflicted with other University guidelines. We would therefore like to revise the following line in the exposure control plan:

Section O: Post-exposure evaluation and follow-up, Medical evaluation—

- Report the incident immediately to the supervisor. (See Section III-34 of the *University Operations Manual* for procedures regarding accidents.) The employee, along with the supervisor and/or department, completes the State of Iowa standard form for Worker's Compensation Injuries (located on the HR Employee Self-Service website) within 24 hours after seeking medical attention.

Should now read

- Report the incident immediately to the supervisor. (See Section III-34 of the *University Operations Manual* for procedures regarding accidents.) The employee, along with the supervisor and/or department, completes the State of Iowa standard form for Worker's Compensation Injuries (located on the HR Employee Self-Service website) within 24 hours. Note: Medical attention takes precedence over reporting.

The intent of the initial change was to encourage ECOs and HR representatives to impress upon injured employees the urgency of bloodborne pathogen exposures. Treatment should be sought immediately after injury, and staff should not be counseled to complete paperwork before seeking medical attention. This revised wording should maintain the intent of the change *and* agree with human resources policies.

Please make this change in your exposure control plan, and communicate this information to your departmental human resources representative and effected staff. We appreciate your cooperation, and your assistance in reviewing your plan.

Review Date: 10/24/2012      Conducted By: Stacy Pruter

Comments:

1. Review and update your list of employees in positions where all individuals are at risk and in positions where some are at risk.

A significant part of the annual review involves ensuring employees in your department are classified correctly ("at risk" vs. "not at risk"). If you are unfamiliar with this process, please follow the instructions in the template.

2. Updated BBP Template

A BBP template is maintained to help you complete your Department's Exposure Control Plan. Attached is the 2012 version. Changes made to the template since 2011 include:

Body of text:

## **Bloodborne Pathogens Exposure Control Plan**

The dates on Page 1 and in the footnotes reflect the current date.

Updated web address under "Medical Evaluation" page 12.

Updated web address under "Training" page 13.

Updated web addresses under "Preparing for Pick-up" pages 33 and 34.

On page 42 under "Medical Surveillance", the first box: "...there is a **Hepatitis B Vaccination Form** on record..." and "(**Hepatitis B vaccination forms** are sent to....)"

Appendix F: Forms should be submitted to Rachel White, at the same address listed.

Appendix J: Web addresses have been updated per the new EHS website.

### **3. Annual Program Review**

In order to demonstrate that your plan has been reviewed annually; you must include a page that is signed and dated, noting changes made at the time of review.

(See <http://ehs.research.uiowa.edu/files/ehs.research.uiowa.edu/files/forms/annualprogrev.pdf>)

\*Please submit a copy of this signed form (with your updates indicated in the comments section) to me when you complete the annual review of your ECP. [rachel-h-white@uiowa.edu]

### **4. Training Records**

Departments are responsible for ensuring their staff receive training at the time of initial hire, reassignment and annually. To assist departments, the BBP training records are included in the HR Report system. On the reports titled "BBP Exposure-At Risk" and "BBP Exposure-Not at Risk," note there are 3 columns to the right of Job Code and Description.

- The first column shows a date if there is a record of BBP training in EHS's database. If your department has BBP training records that you would like included in the HR Data Access system, please contact Rachel White at 3-5679 or Haley Sinn at 5-9553.
- A "Y" in the next column reflects that a Hepatitis B vaccination was offered.
- The third column has a "Y" if the individual is "at risk" and "N" if "not at risk."

University personnel can complete their annual training requirement on-line using EHS's web courses, which can be navigated by Employee Self-Service by the following path: Employee Self Service -> Personal -> My Training -> Available Online Icon Courses. There are multiple BBP courses available; please make sure your staff takes the appropriate course.

### **5. Hepatitis B Vaccine**

There is now only one Hepatitis B vaccination form which should be used to either consent or decline the vaccine.

<http://ehs.research.uiowa.edu/files/ehs.research.uiowa.edu/files/forms/HepatitisVaccineSingleForm.pdf>

Review Date: 11/13/2013      Conducted By: Stacy Pruter

Comments:

#### **1. Review and update your list of employees in positions where all individuals are at risk and in positions where some are at risk.**

A significant part of the annual review involves ensuring employees in your department are classified correctly ("at risk" vs. "not at risk"). If you are unfamiliar with this process, please follow the instructions in the template.

#### **2. Annual Program Review**

In order to demonstrate that your plan has been reviewed annually; you must include a page that is signed and dated, noting changes made at the time of review.

(See <http://ehs.research.uiowa.edu/files/ehs.research.uiowa.edu/files/forms/annualprogrev.pdf>)

## **Bloodborne Pathogens Exposure Control Plan**

**\*Please submit a copy of this signed form (with your updates indicated in the comments section) to me when you complete the annual review of your ECP, along with an electronic copy of your updated ECP. [rachel-h-white@uiowa.edu]**

### **3. Training Records**

**Departments are responsible for ensuring their staff receive training at the time of initial hire, reassignment and annually.** To assist departments, the BBP training records are included in the HR Report system. On the reports titled "BBP Exposure-At Risk" and "BBP Exposure-Not at Risk," note there are 3 columns to the right of Job Code and Description.

- The first column shows a date if there is a record of BBP training in EHS's database. If your department has BBP training records that you would like included in the HR Data Access system, please contact Rachel White at 3-5679 or Haley Sinn at 5-9553.
- A "Y" in the next column reflects that a Hepatitis B vaccination was offered.
- The third column has a "Y" if the individual is "at risk" and "N" if "not at risk."

University personnel can complete their annual training requirement on-line using EHS's web courses, which can be navigated by Employee Self-Service by the following path: Employee Self Service -> Personal -> My Training -> Available Online Icon Courses. There are multiple BBP courses available; please make sure your staff takes the appropriate course.

Review Date: 11/12/2014      Conducted By: Stacy Pruter

Comments:

#### **1. Review and update your list of employees in positions where all individuals are at risk and in positions where some are at risk.**

A significant part of the annual review involves ensuring employees in your department are classified correctly ("at risk" vs. "not at risk"). If you are unfamiliar with this process, please follow the instructions in the template.

#### **2. Annual Program Review**

In order to demonstrate that your plan has been reviewed annually; you must include a page that is signed and dated, noting changes made at the time of review.

(See <http://ehs.research.uiowa.edu/files/ehs.research.uiowa.edu/files/forms/annualprogrev.pdf>)

**\*Please submit a copy of this signed form (with your updates indicated in the comments section) to me when you complete the annual review of your ECP, along with an electronic copy of your updated ECP. [nyree-maes@uiowa.edu]**

### **3. Training Records**

**Departments are responsible for ensuring their staff receive training at the time of initial hire, reassignment and annually.** To assist departments, the BBP training records are included in the HR Report system. On the reports titled "BBP Exposure-At Risk" and "BBP Exposure-Not at Risk," note there are 3 columns to the right of Job Code and Description.

- The first column shows a date if there is a record of BBP training in EHS's database. If your department has BBP training records that you would like included in the HR Data Access system, please contact Nyree Maes at 3-5679 or Haley Sinn at 5-9553.
- A "Y" in the next column reflects that a Hepatitis B vaccination was offered.
- The third column has a "Y" if the individual is "at risk" and "N" if "not at risk."

University personnel can complete their annual training requirement on-line using EHS's web courses, which can be navigated by Employee Self-Service by the following path: Employee Self

## **Bloodborne Pathogens Exposure Control Plan**

Service -> Personal -> My Training -> Available Online Icon Courses. There are multiple BBP courses available; please make sure your staff takes the appropriate course.

Review Date: 11/13/2015      Conducted By: Stacy Pruter

Comments:

### **1. Update your ECP document as necessary.**

If you need/prefer to start a new ECP document, an ECP template, which requires insertion of departmental specific information is available online at:

<http://ehs.research.uiowa.edu/bloodborne-pathogens-exposure-control-plan>

\*Please submit an electronic copy of your updated ECP to [aswathy-sreedharan@uiowa.edu](mailto:aswathy-sreedharan@uiowa.edu)

### **2. Review and update your list of employees in positions where all individuals are at risk, and in positions where some are at risk.**

A significant part of the annual review involves ensuring employees in your department are classified correctly ("at risk" vs. "not at risk"). If you are unfamiliar with this process, please follow the instructions in the template.

### **3. Annual Program Review**

In order to demonstrate that your plan has been reviewed annually; you must include a page that is signed and dated, noting changes made at the time of review. An annual review form is available online at:

<http://ehs.research.uiowa.edu/files/ehs.research.uiowa.edu/files/forms/annualprogrev.pdf>

\*Please submit a copy of this signed form (with your updates indicated in the comments section) to [aswathy-sreedharan@uiowa.edu](mailto:aswathy-sreedharan@uiowa.edu)

### **4. Training Records**

**Departments are responsible for ensuring their staff receive training at the time of initial hire, reassignment and annually.** To assist departments, the BBP training records of UI staff are included in the HR Report system. On the reports titled "BBP Exposure-At Risk" and "BBP Exposure-Not at Risk," note there are 3 columns to the right of Job Code and Description.

- The first column lists the most recent date that BBP training was completed via the Employee Self-Service site. \*Please note: this column is not applicable to UIHC employees who complete BBP training through the hospital.
- A "Y" in the next column reflects that a Hepatitis B vaccination was offered and that the employee submitted the proper paperwork to the University Employee Health Clinic.
- The third column has a "Y" if the individual is "at risk" and "N" if "not at risk." University personnel can complete their annual training requirement on-line using EHS's web courses, which can be navigated by Employee Self-Service by the following path: Employee Self Service -> Personal -> My Training -> Available Online Icon Courses. There are multiple BBP courses available; please make sure your staff takes the appropriate course.