Marriott Hotel
Coral Ballroom
Salon AB

Conference Handouts will be PAPERLESS again this year. You will receive more information about handouts upon registering.

**Morning Session  Moderator: Kelly Skelly, MD**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8:00-8:10</td>
<td>Welcome—Debra Schwinn, M.D.</td>
</tr>
<tr>
<td>8:10-8:20</td>
<td>Welcome—Paul James, M.D.</td>
</tr>
<tr>
<td>8:20-8:30</td>
<td>Announcements—Jason Wilbur, M.D.</td>
</tr>
<tr>
<td>8:35-9:20</td>
<td>Pre-Exposure Prophylaxis for HIV—Katie Imborek, M.D.</td>
</tr>
<tr>
<td>9:25-9:55</td>
<td>Hypertension Guidelines—Joel Gordon, M.D.</td>
</tr>
<tr>
<td>10:00-10:30</td>
<td>Management of Epistaxis—Greg Bell, M.D.</td>
</tr>
<tr>
<td>10:30-11:00</td>
<td>Break and Exhibits—Ballroom Lobby</td>
</tr>
<tr>
<td>11:00-11:30</td>
<td>Common Pediatric Rashes—Mary Stone, M.D.</td>
</tr>
<tr>
<td>11:35-12:05</td>
<td>Hepatitis C Update—Antonio Sanchez, M.D.</td>
</tr>
<tr>
<td>12:05 - 1:15pm</td>
<td>Lunch - Coral C</td>
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</tbody>
</table>

**Afternoon Session Moderator: Stacey Appenheimer, MD**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>1:15-2:00</td>
<td>Pain Management Topic: Pharmacotherapy for Chronic Pain Syndromes—Lee Kral, PharmD</td>
</tr>
<tr>
<td>2:05-2:50</td>
<td>Sports Injuries in Teens—Peter Hoth, M.D.</td>
</tr>
<tr>
<td>3:20-3:50</td>
<td>Break and Exhibits—Ballroom Lobby</td>
</tr>
<tr>
<td>3:55-4:25</td>
<td>What Can We Do About Frailty in the Elderly?—Nicholas Butler, M.D.</td>
</tr>
<tr>
<td>4:30-5:00</td>
<td>Assessment of the Older Patient with Gait and Balance Problems—Deema Fattal, M.D.</td>
</tr>
<tr>
<td>5:00</td>
<td>RECESS</td>
</tr>
<tr>
<td>6:00-8:30</td>
<td>Update and Review: A Teaching Workshop for Our Family Medicine Preceptors</td>
</tr>
</tbody>
</table>

Details announced upon registration.

TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM

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**Wednesday April 6, 2016**

Marriott Hotel
Coral Ballroom
Salon AB

**Morning Session  Moderator: Brigit Ray, MD**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-8:40</td>
<td>Anxiety and Depression in the Adolescent—Chris Okiishi, M.D.</td>
</tr>
<tr>
<td>8:45-9:15</td>
<td>Hypothyroidism—Janet Schlechte, M.D.</td>
</tr>
<tr>
<td>9:20-9:50</td>
<td>Obesity Update: How to Help Your Patients Lose Weight in Primary Care—Dale Bieber, M.D.</td>
</tr>
<tr>
<td>9:50-10:20</td>
<td>Break and Exhibits—Ballroom Lobby</td>
</tr>
<tr>
<td>10:20-11:05</td>
<td>Non-Insulin Pharmacotherapy for Diabetes Mellitus Type 2—Kevin Schleich, PharmD</td>
</tr>
<tr>
<td>11:10-11:55</td>
<td>Pain Management Topic: Chronic Pain Psychology and Brief Office Interventions to Help Patients Cope—Valerie Keffala, Ph.D.</td>
</tr>
</tbody>
</table>

**Lunch Speaker  Coral C**

12:00-1:00pm  Evidence-Based Behavioral Health Integration: A New Perspective on Chronic Care—Erik Vanderlip, M.D.

**Afternoon Session Moderator: Alison Lynch, MD**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>1:10-1:40</td>
<td>Recognizing, Diagnosing and Treating</td>
</tr>
<tr>
<td>1:45-2:15</td>
<td>Appropriate and Safe Use of Diagnostic Imaging—Eve Clark, M.D.</td>
</tr>
<tr>
<td>2:50-3:20</td>
<td>Break and Exhibits—Ballroom Lobby</td>
</tr>
<tr>
<td>3:20-3:50</td>
<td>Eye Injuries in Primary Care—Brian Kirschling, O.D.</td>
</tr>
<tr>
<td>3:55-4:25</td>
<td>Initiation and Titration of Insulin in Diabetes Mellitus Type 2—Greg Doelle, M.D.</td>
</tr>
<tr>
<td>4:30-5:00</td>
<td>Preconception Counseling—Kelly Ward, M.D.</td>
</tr>
<tr>
<td>5:00</td>
<td>RECESS</td>
</tr>
<tr>
<td>5:30-7:30</td>
<td>IRENE (Iowa Research Network) Dinner, Details announced upon registration.</td>
</tr>
</tbody>
</table>

TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM

6:15  Family Medicine Interest Group Dinner, Location announced upon registration.

TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM
Thursday  
April 7, 2016

7:30am  Registration & Complimentary Buffet Breakfast

Morning Session  Moderator: Nicoll Capizzano, MD
8:00-8:30  Cultural Competence—Denise Martinez, M.D.
8:35-9:20  Things You Can't Miss: Common Presenting Factors of Pediatric Cancers—Sue O’Dorisio, M.D.
9:25-9:55  Skin Findings Secondary to Infestation or Vectors—Karolyn Hanat, M.D.
9:55 - 10:10 BREAK—Ballroom Lobby
10:10-10:40  Preoperative Exam—Ethan Kuperman, M.D.
10:45-11:15  Adolescent Well Exam: Immunizations and Anticipatory Guidance—Kelly Skelly, M.D.
11:20-11:50  Disordered Sleep in the Elderly—Gerald Jogerst, M.D.
11:50 - 1:15pm LUNCH ON OWN
11:45-1:15  Alumni Reception for University of Iowa Family Medicine Residents. Current and former faculty, residents, staff and friends of the UI Residency Program are welcome to attend. Lunch will be served.
     Oakdale 1&2

TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM
12:00 - 1:00  Family Medicine Preceptor Roundtable — for experienced preceptors. Lunch will be served.
     TO REGISTER, PLEASE CHECK BOX ON REGISTRATION FORM
     Benson Room, 2nd Floor

Afternoon Session  Moderators: Glen Abernathy, MD; Michelle Weckmann, MD; Angela Farrell, MD
1:30-2:15  Pulmonary Nodules and Lung Cancer Screening—Doug Hornick, M.D.
2:20-3:05  Interesting Cases from the Vulvovaginal Disease Clinic—Colleen Stockdale, M.D.
3:05-3:20  BREAK

BREAKOUT SESSIONS
3:20-4:05/4:10-4:55  Knee Injections—Mark Mysnyk, M.D.—Coral C
     —Coral DE
4:55  RECESS

Friday  
April 8, 2016

7:30am  Registration & Complimentary Buffet Breakfast

Morning Session  Moderator: Meghan Connett, MD
8:00-9:00  Articles That Could Change Your Practice
     Mark Graber, M.D.; Jason Wilbur, M.D.; Jill Endres, M.D.
9:05-9:35  Early Identification of Dysmorphic Feature/Syndromes—Dianne McBrien, M.D.
9:40-10:10  Management of Lower Urinary Tract Symptoms in Older Men—Victoria Sharp, M.D.
10:10-10:25  BREAK
10:30-11:00  Multiple Sclerosis: Update—Torage Shivapour, M.D.
11:05-11:50  Fever in 7-90 Day Old Newborns—Derek Zhome, M.D.
12:30-6:00pm  ABFM SELF-ASSESSMENT MODULE (SAM) — Well Child Care — The SAM Study Group provides the opportunity for you to participate in the ABFM’s MC–FP Part II requirement in a group setting. Our experienced faculty will review the 60 core competency questions and guide the group through the selection of the most appropriate responses and through the clinical simulation process. A group score will be submitted to the ABFM once a passing score is obtained by the group. (Sponsored by the Iowa Academy of Family Physicians — $200 Additional fee required, $150 Residents; ABFM fee not included)
     Location: Coralville Public Library, 1401 5th St/ Coralville, IA

11:50  ADJOURN
**Refresher Course for the Family Physician**

The purpose of this Refresher Course is to provide practicing family physicians, PAs, and ARNPs a comprehensive overview of clinical issues relevant to contemporary family medicine. Lectures, case presentations, opportunities for questions and answers—all combine to create a fast-moving and useful educational experience.

The course should prove especially useful for those preparing themselves for examination by the American Board of Family Medicine.

**Meeting Site**
The 2016 Refresher Course for the Family Physician will be held at the Marriott Hotel and Conference Center, 300 East 9th Street, Coralville, conveniently located directly off Interstate 80, Exit 242.

**Parking**
There is a $0.75 per hour or $8.00 per day charge for parking.

**Lodging**
A block of rooms has been reserved at the Marriott at the conference rate of $115 single/double plus taxes. This rate includes overnight parking. Please call 319-688-4000 to make your reservations.

When making your hotel reservations, you must indicate you are attending the Family Physician Refresher Course in order to obtain the conference room rate. All rooms will be held in reserve until March 14, 2016. Individuals are responsible for their own reservations.

**Educational Objectives**
Upon completing the course, participants will be able to describe and discuss a range of subjects and issues relevant to the family physician. Areas of discussion will include:

- Anesthesia
- Dermatology
- Emergency Medicine
- Endocrinology
- Family Medicine
- Functional Medicine
- Gastroenterology & Hepatology
- Immunology
- Internal Medicine
- Neurology
- Obstetrics & Gynecology
- Ophthalmology
- Orthopaedics
- Pediatrics
- Psychiatry
- Pulmonary
- Radiology
- Surgery
- And more...

**Spouses and Guests are Welcome**
Many of the presentations this year will be of interest to registrants’ spouses and/or guests, who are cordially invited to attend any they wish. We ask that they be registered for the Tuesday and Wednesday lunch sessions. The charge is $30.00 per person. The sessions are not appropriate for children of any age.

**Registration Fees:**

| Four days | $695 | After 3/1 | $745 |
| Three days | $605 | After 3/1 | $665 |
| Two days | $425 | After 3/1 | $475 |
| One day | $260 | After 3/1 | $310 |
| Friday only | $230 | After 3/1 | $280 |

2016 Active Preceptor: $250

Family Medicine
- Adjunct Faculty: $250
- SAM Study Group: $200; Residents: $150
- Guest Lunch: $30

These fees include registration, tuition, online handouts, breakfasts, luncheons, and refreshments. Physician Assistants, Advanced Registered Nurse Practitioners, Residents and others may register at the reduced fee listed above. Please note the early bird registration fee applies if received on or before March 1, 2016. On-line registration is available at www.continueultolearn.uiowa.edu/uiconferences/

**Refund**
All but $50 of the fee is refundable if inability to attend is made known prior to the beginning of the course. No refunds can be made for later notification.

**CME**
This Live activity, 43rd Refresher Course for the Family Physician, with a beginning date of April 5, 2016, has been reviewed and is acceptable for up to 22.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians and ARNPs should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit® toward the AMA Physician’s Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**For further information, please contact:**

The University of Iowa
Center for Conferences
250 CEF
Iowa City, IA 52242-0907
Voice: 319-335-4141, 1-800-551-9029
FAX: 319-335-4039
www.centerforconferences.com

**DISCLOSURE POLICY:** Speakers will disclose the nature of any significant financial relationships they have with the commercial companies providing support, as well as the commercial manufacturers of products and/or the providers of services discussed in their presentations. They will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA).

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, 319-335-4700.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Center for Conferences at 319-335-4141.
# Registration Form

Refresher Course for the Family Physician  
**Tuesday-Friday**  
April 5-8, 2016  
Marriott Hotel and Conference Center, Coralville, Iowa  
16-096-01  5-42512

Please preregister.  
Please prepare a separate form for each registration.

<table>
<thead>
<tr>
<th>Name ____________________________</th>
<th>Phone ____________________________</th>
<th>E-mail ____________________________</th>
</tr>
</thead>
</table>

**Address______________________________**  
City/State/Zip__________________________

**Day(s) of attendance:**  
- __Tue. 4/5/16  
- __Wed. 4/6/16  
- __Thurs. 4/7/16  
- __Fri. 4/8/16

Please check if you plan to attend:  
- Preceptor Workshop-Update and Review, Tuesday, April 5, 6-8:30pm  
- Dinner with IRENE, Wednesday, April 6, 5:30-7:30pm  
- Family Medicine Interest Group Dinner, Wednesday, April 6, 6:15pm  
- Alumni Reception, Thursday, April 7, 11:45am–1:15pm  
- Preceptor Roundtable (for experienced preceptors), Thursday, April 7, noon–1pm  
- SAM Study Group, Friday, April 8, 12:30–6:00pm, Coralville Library

**Vegetarian Meals requested  Other Dietary restrictions__________________________**

**Registration Fee:**  
<table>
<thead>
<tr>
<th></th>
<th>MD/DO</th>
<th>After 3/1</th>
<th>PA/ARNP/Other</th>
<th>After 3/1</th>
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<tbody>
<tr>
<td>Four days</td>
<td>$695</td>
<td>$745</td>
<td>$420</td>
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<tr>
<td>Three days</td>
<td>$605</td>
<td>$655</td>
<td>$365</td>
<td>$395</td>
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<td>Two days</td>
<td>$425</td>
<td>$475</td>
<td>$260</td>
<td>$290</td>
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<tr>
<td>One day</td>
<td>$260</td>
<td>$310</td>
<td>$160</td>
<td>$190</td>
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<tr>
<td>Friday only</td>
<td>$230</td>
<td>$280</td>
<td>$140</td>
<td>$170</td>
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</tbody>
</table>

2016 Active Preceptor  
Family Medicine Adjunct Faculty  
SAM Study Group  
Guest Lunch tickets: $30 x ___ticket(s) ___4/5/16 ___4/6/16 = $____

**Total Payment $_____**

Enclosed is a check made payable to The University of Iowa or  
Charge to my account ___Visa ___Mastercard ___Discover

<table>
<thead>
<tr>
<th>Card Number__________________________</th>
<th>Exp. Date________</th>
<th>3 digit security code________</th>
</tr>
</thead>
</table>

Name on Card__________________________  
Billing Address of Cardholder__________________________

**Four ways to register:  
✉ Mail The University of Iowa  
Center for Conferences  
250 CEF  
Iowa City, Iowa 52242-0907  
Phone: 319-335-4141 or 1-800-551-9029  
FAX: 319-335-4039  
Internet: www.centerforconferences.com**
Four ways to register:

Name on Card______________________Billing Address of Cardholder_________________________________________________
Card Number________________________________________________ Exp. Date_____________  3 digit security code_____
Charge to my account  ___Visa  ___Mastercard     ___Discover

Total Payment $______

Guest Lunch tickets: $30 x ___ticket(s)  ___4/5/16     ___4/6/16 = $____

SAM Study Group  $200;  $150 Resident Physicians (ABFM fees not included)
Family Medicine Adjunct Faculty $250
2016 Active Preceptor $250
Friday only $230 $280 $140 $170
One day $260  $310 $160 $190
Two days $425 $475 $260 $290
Three days $605 $655 $365 $395
Four days $695 $745 $420 $450

Registration Fee: MD/DO After 3/1  PA/ARNP/Other  After 3/1

Phone ___________________________________________________E-mail _________________________________________________________
City/State/Zip____________________________________________________________________________________________________________
Address ________________________________________________________________________________________________________________ 

Name _____________________________________________________________________________________________________ __

Please prepare a separate form for each registration.

Please preregister.

___Vegetarian Meals requested  Other Dietary restrictions__________________________________________________

___Please check if you plan to attend SAM Study Group, Friday, April 8, 12:30–6:00pm. Coralville Library
___Please check if you plan to attend the Preceptor Roundtable (for experienced preceptors), Thursday, April 7, noon–1pm
___Please check if you plan to attend the Alumni Reception, Thursday, April 7, 11:45am—1:15pm
___Please check if you plan to attend the Family Medicine Interest Group Dinner, Wednesday, April 6, 6:15pm
___Please check if you plan to attend the Dinner with IRENE, Wednesday, April 6, 5:30-7:30pm
___Please check if you plan to attend the Preceptor Workshop-Update and Review, Tuesday, April 5, 6-8:30pm

Iowa City, Iowa 52242-0907
250 CEF
Center for Conferences
Mail  The University of Iowa

Marriott Hotel and Conference Center, Coralville, Iowa

Refresher Course for the Family Physician

Tuesday-Friday
April 5-8, 2016
Marriott Hotel and Conference Center
Coralville, Iowa

University of Iowa Faculty

UI Carver
College of Medicine

Debra Schwinn, MD, Dean

Lee Kral, PharmD

Mary Stone, MD

Karolyn Wanat, MD

Greg Bell, MD

Mark Graber, MD

Nicholas Butler, MD

Jill Endres, MD

Peter Hoth, MD

Katie Imborek, MD

Gerald Jogerst, MD

Paul James, MD

Denise Martinez, MD

Kevin Schleich, PharmD

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Ethan Kuperman, MD

Dale Bieber, MD

Joel Gordon, MD

Doug Hornick, MD

Deema Fattal, MD

Torage Shivapour, MD

Kelly Ward, MD

Colleen Stockdale, MD

Department of Internal Medicine:

Division of Gastroenterology and Hepatology:

Division of Immunology:

Division of General Internal Medicine:

Division of Nephrology:

Division of Pulmonary, Critical Care and Occupational Medicine:

Department of Neurology:

Department of Obstetrics & Gynecology:

Department of Ophthalmology:

Department of Orthopaedics:

Department of Pediatrics:

Kelly Wood, MD

Derek Zhome, MD

Department of Radiology

Eve Clark, MD

Department of Surgery

Ingrid Lizarraga, MD

Guest Faculty:

Chris Okiishi, MD,
Meadowlark Psychiatric Services, North Liberty

Mark Mysnyk, MD,
Steindler Orthopaedic Clinic, Iowa City

Julia Buchkina, MD,
Functional and Integrative Medicine

Erik Vanderlip, MD,
University of Oklahoma School of Community Medicine