Iowa Family Medicine Residents Council Election

On April 11th, new officers were elected for the Iowa Family Medicine Residents Council:

**President:** Melissa Austreim, M.D., R3  
Siouxland Medical Education Foundation

**President-Elect:** Garrett Feddersen, D.O., R2  
Northeast Iowa Medical Education Foundation

**Treasurer:** Andrew Gisleson, D.O., R2  
Genesis Quad Cities Family Medicine Residency

**Secretary:** Alexandra Hubbell, D.O., R2  
Iowa Lutheran Hospital Family Medicine Residency

The Iowa Family Medicine Residents’ Council is an elected body of 24 residents from the University of Iowa-Affiliated Family Medicine Residency Network. Each of the eight family medicine residency programs have one representative from each training level (R1, R2, and R3.) Once elected, the residents serve a three-year term. Council meetings provide a forum for discussion and exchange of ideas on topics related to family medicine.

**2014 Residents Council Graduates:**

From Left to Right: Jen Haden, D.O., Stacie Salowitz, M.D., Callie Waller, D.O., Meghan Morris, M.D.

Not pictured: Clinton Cummings, D.O., Sheldon Moon, M.D., Brigit Ray, M.D., Brian Kuchay, M.D.

**2014-2015 Residents Council Officers:**

From Left to Right: Melissa Austreim, M.D., Garrett Feddersen, D.O., Alexandra Hubbell, D.O., Andrew Gisleson, D.O.
Greg Nelson, M.A., accepted the position of Assistant Dean and Director of the Office of Statewide Clinical Education Programs (OSCEP), effective June 2, 2014. Nelson replaces Roger Tracy, who is credited in creating the program in 1974 and serving as Assistant Dean until his retirement in December 2013.

Nelson is a native Iowan and most recently worked as the Administrator at the Family Medicine Residency Program in Waterloo (Northeast Iowa Medical Education Foundation). Nelson has a history of successfully improving the quality, efficiency and accessibility of care in health care organizations in Waterloo, Coralville, Mason City and Minneapolis. He has worked in Graduate Medical Education for approximately 13 years and is excited to have this opportunity to expand his focus on Graduate Medical Education throughout the state of Iowa. Nelson has a Master’s degree in Health Care Administration from the University of Iowa, a Bachelor’s degree from the University of Northern Iowa and is also a Registered Nurse having graduated from the School of Nursing at Iowa Methodist in Des Moines.

Nelson’s intimate knowledge of the administrative and educational components of family medicine residency programs in Iowa and his successful experience with federal and private grant management, coupled with his collaborative and accessible leadership style make him a great fit for the position. Please help welcome Greg to the OSCEP team. You may call him at 319-335-8603 or send an email to gregory-nelson@uiowa.edu.

David Kersbergen, D.O., joined the faculty at Mercy Family Medicine Residency in Mason City, IA on July 1, 2014. Kersbergen is an Iowa native and is returning to the state after retiring from the military in May 2014. He completed medical school at the Michigan State University College of Osteopathic Medicine in 1996 and his residency at DeWitt Army Community Hospital, Fort Belvoir, Virginia. After deployment to Iraq in 2006-2007, he joined the faculty at the Family Medicine Residency in Fort Hood, Texas. Dr. Kersbergen’s medical interests include pediatrics and minor procedures. Outside interests include outdoor activities, especially golf.

The Northeast Iowa Medical Education Foundation in Waterloo welcomes Chris Haymaker, Ph.D., as their new behavioral scientist. Haymaker received his PhD in Clinical Psychology at Miami University in Oxford, Ohio. He completed a 2 year post-doctoral fellowship in pediatric psychology at Children’s Hospital in Columbus, Ohio. After his fellowship, he went on to work with the Stress and Health Study at the Ohio State University, collaborating on research to better understand the connections between stress and health. He has been practicing in Iowa for the past 10 years, implementing compassionate, evidence based psychological interventions with children, adolescents and adults. Haymaker has a particular interest in anxiety disorders, mindfulness based interventions and behavior management in children. Recent research interests include the practice of improvisational humor to facilitate stress reduction.
New Faculty, continued

The University of Iowa Obstetrics and Gynecology department recently welcomed the following providers to their department:

- Dr. Erin Eppsteiner (generalist)
- Dr. Abby Merryman (generalist)
- Dr. Jean-Marie Stephan (Gynecologic Oncology)
- Dr. Chelsea Ward (Fellow in Gynecologic Oncology)
- Dr. Erin Salinas (Fellow in Gynecologic Oncology)
- Dr. Erin Fricke (Fellow in Maternal Fetal Medicine)
- Dr. Joshua Kapframer (Fellow in Reproductive Endocrinology)
- Dr. Joseph Kowalski (Fellow in Urogynecology)
- Dr. Lydia Alexander (R1)
- Dr. Evan Cohen (R1)
- Dr. Kathryn Huber-Keener (R1)
- Dr. Ashley Lafever (R1)
- Dr. Andi Mihai (R1)

Cedar Rapids Faculty Departures

Robert Beck, M.D., has left the Cedar Rapids Family Medicine Residency Program (CRMEF) to accept a position at the Brown University School of Medicine in Providence, Rhode Island. Beck joined CRMEF in April 2009, and during his tenure with CRMEF served as both Associate Program Director and Associate Executive Director. Beck had spent the previous five years practicing rural Family Medicine in Atlantic, Iowa. Prior to that he was a family physician in Massachusetts, and a faculty physician at a University of Massachusetts residency program.

Craig Davenport, M.D., will be leaving the Cedar Rapids Family Medicine Residency Program (CRMEF) to accept a faculty position at the University of Illinois College of Medicine at Rockford. Davenport is a 2010 CRMEF graduate, a former Chief Resident, and subsequently a faculty member with CRMEF. During his tenure with CRMEF, Davenport served as the Recruitment Director and went on to become the Chief Medical Officer at the continuity clinic, Eastern Iowa Health Care. Davenport returns to Illinois in order to fulfill his obligation to repay the state for funding his medical school education.

Waterloo Faculty Retirement

In June the Northeast Iowa Medical Education Foundation in Waterloo (NEIMEF) said goodbye to Cyndie Franklin, MSED, Behavioral Science Coordinator, after 24 years. Franklin was the previous director of the Family & Children’s Council for several years. She also supervised a staff of three social workers and presented many excellent behavioral science programs for residents and staff throughout her career in Waterloo. Over 12,800 patients were kindly treated with her sense of compassion and humor. Best wishes to Cyndie in her retirement as she starts a new page in her life’s journey.
OSCEP Welcomes Two Summer Interns

The Office of Statewide Clinical Education Programs’ (OSCEP) Community Service Division is a hive of activity, particularly in the summer. Led by division director Lynette Lancial, along with the hard work of two summer interns, it’s the time to mail, collect, and process around 5,000 surveys. These surveys are sent to all medical practice entities across Iowa and collect information on available practice opportunities in seven physician specialties and all practice activities for advanced practice nurses and physician assistants. The long-time relationships that OSCEP has had with organizations across Iowa results in a 100% survey response rate. The end result is a valuable tool that helps providers locate medical practice opportunities in Iowa.

This substantial project is made possible through the work of two summer interns, Pallavi Yadav and Scott Cook – graduate students working toward their Masters of Health Administration at the University of Iowa. This fall, Yadav will be in her second year of the program while Cook will be a first-year student.

As the summer comes to an end, the data is analyzed, compiled, and published as the Iowa Practice Opportunities Directory. The directory is distributed in the early fall to all Iowa residents in training in the specialties surveyed and to Iowa ARNP and PA programs. The OSCEP website also has a section devoted to the Opportunities Directory and addenda to the Directory throughout the year.

4th Annual Iowa Family Medicine Resident Research Symposium

On June 11, 2014, the UI Department of Family Medicine and the Office of Statewide Clinical Education Programs hosted the 4th Annual Family Medicine Resident Research Symposium. This event was established to highlight resident research in the Iowa Family Medicine Residency Network. Paul James, M.D., Chair of the UI Department of Family Medicine, presented the ‘Award for Best Project’ to Sam Shirk, M.D., R3, Iowa Lutheran Family Medicine Residency, Des Moines. Shirk presented his research on “Implementing Change With the Use of Transitions of Care Management (TCM) Visits.” A panel of residency directors and departmental faculty judged the research presentations.

Corrine Ganske, M.D., Director, Iowa Lutheran Family Medicine Residency Program and Sam Shirk, M.D., R3.

Presentations

Kelly Hoenig, Pharm.D., clinical pharmacist and Neal Sheeley, MA, LMFT, LICSW, behavioral scientist, both from the Cedar Rapids Family Medicine Residency Program, presented a poster at the recent annual Spring Conference of STFM in San Antonio, Texas: “Hard Pill to Swallow: Teaching Residents About Medication Adherence.”

**Rural Iowa Primary Care Loan Repayment 2014 Recipients**

Ryan Laughlin, D.O., R1 and James Law, D.O., R1, from the Broadlawns Family Medicine Residency Program were recipients of the inaugural Rural Iowa Primary Care Loan Repayment program. Awards were presented by Governor Terry Branstad and Des Moines University President Angela Walker Franklin on Wednesday, May 21st.

This new state-funded program will provide Drs. Laughlin and Law, after their residency, up to $40,000 in loan repayment for each of the subsequent five years they serve in an underserved area in Iowa.

**26th Annual Jauch Memorial Symposium**

The 2014 Jauch Memorial Educational Symposium was held on May 16, 2014 at Allen College in Waterloo. Those attending left with new insightful information for their practices and enjoyed the eight presenters’ lectures. During the day, the 3rd year resident physicians presented their research posters. The resident physician and poster names include:

- Gina Galindo, M.D., Joshua Kanik, M.D., and Lane Noble, D.O.: Improving Chronic Kidney Disease Monitoring in the Outpatient Clinical Setting
- Natasha Minnaert, D.O.: Case Presentation: Abdominal Bloating in a 21 Year Old Female
- Meghan Morris, M.D.: Neonatal Mastitis: Case Presentation and Discussion of MRSA in Neonates
- Meghan Morris, M.D.: Soft Palate Petechiae: Case Presentation for a Novel Etiology
- Anshul Jain, M.D.: Implementing Improved Team Care of Routine Geriatric Screening
- Tamara Lallier, Pharm,D.: Prospective Pharmacist Identification of Drug Therapy Problems in the Medical Home

First place went to Dr. Meghan Morris and second place to Dr. Anshul Jain. Dr. Jain presented his poster at the Iowa Family Medicine Resident Research Symposium in June.

**CME Event in Sioux City**

The Siouxland Medical Education Foundation (SMEF), in collaboration with Siouxland Medical Doctors, Inc., sponsored the 13th Annual CME Event on Friday, June 27, 2014, at the Marina Inn and Conference Center in South Sioux City, Nebraska. The Foundation’s goal was to provide an educational opportunity for physicians to gain new and updated information which will assist them in providing the highest quality of care to patients. Preventive medicine and health maintenance, as well as curative medicine, were areas addressed during the conference.

Speakers included Michael Nguyen, M.D. from the Center for Neuro and Orthopedic Science in South Dakota, who presented “Clinical Pearls of DEXA Scans in Osteoporosis,” Aditya Gupta, M.D., orthopaedic surgeon from Tri-State Specialists in Sioux City, who presented "Bariatric and Esophageal Surgery,” and Mark Graber, M.D., Clinical Professor of Family and Emergency Medicine from the University of Iowa, who presented “Important Updates in Journal Articles in the Past Two Years.” In addition, the Foundation’s faculty members Amy Rief-Elks, D.O., and Michael Jung, M.D., discussed the Diabetes SAM Module. A total of 47 individuals attended the conference, including area physicians as well as current residents and graduates of the Foundation’s family medicine residency program.

**Appointments**

Dónal Gordon, M.D., Cedar Rapids Family Medicine Residency Program Director, was elected an Alternate Director to the Iowa Academy of Family Physicians Board of Directors for District 6. His three-year term begins in November of this year.

Kelly Hoenig, PharmD, clinical pharmacist at Cedar Rapids Family Medicine Residency Program, received notice from the University of Iowa College of Pharmacy that she has been promoted from Adjunct Assistant Professor to Adjunct Associate Professor.
According to 2013 data from the Association of American Medical Colleges, the primary care physician workforce in the United States is composed of 40% general internists, 39% family physicians and 20% general pediatricians. In Iowa, the primary care physician workforce is 25% general internists, 63% family physicians and 12% general pediatricians.

**Publications**


- **Sarah Ling, D.O., R1**, Broadlawns Family Medicine Residency program was featured in the IMS 2014 Poster Display Showcase article in the July/August 2014 issue of the *Journal of the Iowa Medical Society*. 15 fellows, residents and medical students competed in the poster display contest at the IMS 2014 Annual meeting. The poster entitled, “Broadlawns Family Health Center System Implementation for Immunization in Children <36 Months-Midpoint Review” was authored by Ling along with Joshua Stubblefield, D.O., Family Health Center Faculty physician. This poster was awarded Second Place in the contest.

- **Jim Hoehns, Pharm.D.**, Research Director at the Northeast Iowa Medical Education Foundation recently published the following article: Losey CS, Hoehns JD, Schlobohm C, Witry M. Investigation of simulated pharmacist decision making involving prescriptions with a high probability of causing patient harm. *J Pharm Technol* 2014:1-9. Dr. Hoehns is also an Associate Professor (Clinical) for the University of Iowa College of Pharmacy.

**Awards**

- **The University of Iowa Family Medicine Interest Group** has been chosen as one of the ten recipients of the 2014 Program of Excellence Award from the American Academy of Family Physicians. This marks the 10th time the group has been honored with this award in the past 12 years.

- **Ginny Ryan, M.D., M.A.**, University of Iowa Assistant Professor of Obstetrics and Gynecology, received the 2014 Woman of Influence Award from the Corridor Business Journal.
Awards

2014 Michael J. Daly Humanitarian Award

Beginning in 2011, the Cedar Rapids Family Medicine Residency Program (CRMEF) honored the late Dr. Michael Daly by annually presenting a Humanitarian Award to a community physician. This year's award recipient is Gordon Baustian, M.D., a hospitalist at Mercy Medical Center in Cedar Rapids, and formerly a long-time faculty member and program director at CRMEF. In private practice, later as faculty, and now as a hospitalist, Baustian has positively and memorably affected the lives of countless patients, residency program alumni, nurses, and of anyone who has had to call on him, knowing kindness and respect would be at the other end of the line. For that, for all that he continues to do, CRMEF was proud to present Dr. Baustian with this year's Daly Humanitarian Award.

Residency Graduates

The Mercy Family Medicine Residency Program in Mason City had six graduates in June 2014:
- Aisha Choudhry, MD
- Brian Kuchay, MD
- Suzanne Kersbergen, DO
- Shahed Samadi, MD
- Genea Mukherji, MD
- Satinderjit Singh, MD

Dr. Choudhry has accepted the position of fellow in the Palliative Medicine Fellowship program at Mercy Medical Center-North Iowa.

Drs. Kuchay and Singh have joined Mercy Medical Center-North Iowa and will be working in the Emergency Department.

Upcoming Conference in Waterloo

The Northeast Iowa Ethics Committee is presenting “Cases that Keep Us Up at Night” on Wednesday, September 24th at Allen College. Registration/lunch begins at 11:30 AM, and the symposium runs from 12:50 to 4:45 PM. Attendees may choose between two sessions in each time frame, following the beginning plenary session. Identifying and Coping with Moral Distress is the plenary session topic.

- Session 1 topics: Should we incarcerate pregnant women for suspected alcohol or drug use? OR Should anorexic patients be fed against their will?
- Session 2 topics: Blood administration for a 16 year old Jehovah’s Witness patient: Faith & Medicine OR Who should we listen to: family wishes vs patient well being?
- Session 3 topics: How can we trust the decision making of a developmentally disabled person? OR Incompetent, but still aware: Do you lose all say?

Register for this exciting, informative conference online at www.allencollege.edu or call Dina Dowden at 319-226-2017 by September 15, 2014.

Sponsored by: Wheaton Franciscan Healthcare, UnityPoint Health/Allen Hospital, University of Northern Iowa, and Northeast Iowa Medical Education Foundation.
Calendar of Events

September 5       Community Teaching Scholars—Iowa City
September 17     Community-Based Residency Directors Meeting—Des Moines
November 14      Community Teaching Scholars—Iowa City
November 19      Iowa Family Medicine Residency Directors Meeting—Iowa City