



September 16, 2005
Minutes

Present: Chris Arenas, Candice Bennett, Megan Dotson, Jodi Gibson, Jim Hall, Joyce Henning, Nichol Hohenbrink, Mary Larew, Racquel Lewis, Amy Mason, Jan Palmer, Amanda Reedy, Bob Rohret, Doug Smith, Lloyd Smith, Steve Steine, Stephen Trefz, Katie Wildes, and Tammy Wilgenbusch.

- Candice Bennett announced that the ACE program has been changed to PHASE. The new program includes mandatory group therapy sessions.
- Tammy Wilgenbusch was introduced. Highlights/instructions of the services she will offer at the Adolescent Health & Resource Center:
 - a) To make a referral, contact Carol at AHRC at 384-0847. Give her the client's name, contact information, and reason for referral. Please be specific about the problems or behaviors and what information is desired from the evaluation.
 - b) Please refer only those clients whose family has no means to pay for the evaluation. Clients who have insurance or Title IX should be referred to Pediatric Psychology at UIHC (contact Kathy at 319-356-2434).
 - c) The most common reasons for referrals are: learning problems at school (e.g. academic, handwriting, memory); behavior or attention issues; emotional issues (e.g. anxiety or depression); issues associated with chronic illness; acute stress situations.
 - d) Each evaluation will usually take a full appointment. Types of evaluations include neuropsychological/cognitive, academic, social/emotional/behavioral, and personality.
 - e) Tammy pointed out that she is a psychologist and cannot prescribe medications. If medications are desired, an appointment should be made with their primary physician, Dr. Mary Larew, or a psychiatrist.
 - f) Clients and families should know that the appointment may take 3 ½ hours to complete. A report will be sent in approximately 3 weeks to whomever the family signs a consent form for.
- Progress report of Adolescent Health & Resource Center
 - a) Close to 600 unduplicated adolescents and families have been assessed since February 2003.
 - b) It was announced that the randomized study has ended and preliminary results are forthcoming.
 - c) Doug explained how families can now receive family treatment without participating in the study. Study participation is still strongly encouraged, but not required.
 - d) "Profiling" successful adolescents was discussed and how SOFT appears more effective when the youth has conduct disorder.
 - e) Plans for continuing the center after April 2007 when SCY funds run out was discussed.
- We plan to continue the movie theater advertisements, if the cost is reasonable.
- Dr. Larew continues to speak at secondary school classrooms, parent groups, and occasional media.
- We manned tables and distributed pamphlets we thought would interest parents and other interested family members at six "Back to School" nights at area schools.
- Next meeting at Iowa Valley High School, Marengo, 12:00 – 1:00 on 9/30/05