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January 21, 2005  
Minutes

Present: Candice Bennett, Kristin Frank, Jim Hall, Margaret Hurst, Mary Larew, Shawn Moss, Bob Rohret, and Doug Smith.

- ❖ Welcome and Introduction of those in attendance
- ❖ Progress report of Adolescent Health & Resource Center
  - There have been 420+ adolescents and parents served to date
  - 100+ adolescents and families are participating in our treatment studies
  - Annual report highlights for the year 4/1/2004 to the present
    - a. The percentage of completed assessments (both sessions) – 94.3%
    - b. Percentages of referrals made to AHRC: Juvenile Court Services, 57%, Self-referrals, 17%, UIHC, 3%, and Schools, 3.5%.
    - c. Percentages of substance abuse level of care: Outpatient treatment, 35%, Early intervention/prevention, 28%, No recommendations for treatment, 14%, Intensive outpatient, 9%, and Residential treatment, 2.5%.
  - An overview of the shifting from Random Assignment (6/22/03-3/31/05) to Clinical Assignment (4/1/05-3/31/07) was presented. The biggest change is that the adolescent and family can now choose to participate in the Group Treatment (based on the Seven Challenges program developed by Robert Schweibel, PhD) or in the Family Treatment plan (Strength-Oriented Family Therapy [SOFT] developed by James A. Hall, PhD, LISW) where in the first phase the family drew a colored chip denoting which type of treatment they would receive.
  - A list of future directions the AHRC wants to take are:
    - a. Compare the impact of random versus clinical assignment
    - b. Establish AHRC funding sources
    - c. Dismantle drug treatment stereotypes and increase drug treatment appeal to teens.
- ❖ Outreach
  - Our website is functional and we'd very much like your feedback as professionals on how useful it is. Please go to: [http://www.medicine.uiowa.edu/isciowa/PROJECT\\_IOWA\\_SCY/AHRC\\_Home.htm](http://www.medicine.uiowa.edu/isciowa/PROJECT_IOWA_SCY/AHRC_Home.htm) and click on "Give us feedback." (Note: MacIntosh users may have trouble viewing our web page.)
  - We're tweaking our MIS information sharing function. Currently, outside agencies may (with consent from the teen) view case notes. We're altering the format of the information to be more accessible so that it is a treatment summary.
  - Implementing on-site assessments and groups in ACE in Iowa City.
  - We met with CEC Theaters and contracted to run public service announcements projected to reach an audience of 300,000 over a 4-½ month span in 3 movie theaters in the Iowa City/Coralville area from 12/31/04 to 4/13/05.
  - We have had on-going presentations to multiple organizations in Johnson and Iowa County about the AHRC and the services we offer.
- ❖ The date and location of the next quarterly Advisory Group meeting will be announced at a later date.