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# Adolescent Health & Resource Center

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## Strengthening Treatment: Drug Abuse by Rural Youth Core Advisory Group Meeting January 31, 2003 Minutes

**Present:** Stephen Trefz, Brandon Beaudry, Mary Larew, Jodi Gibson, Diane Huber, Jim Hall, Allison Rogers, Carol Foster, Jim Clayton, Doug Smith, Candice Bennett, Angie Gerot, Pam Dallege, Elizabeth Curl, and Ginny Nasso.

### Announcements:

- The Crisis Center has a new support group for survivors of suicide victims
- Stepping Up has a new website entitled: [mystudentbody.com](http://mystudentbody.com)
- MECCA has adopted a new program for adolescent abusers entitled: IOP (Intensive Outpatient). These will be three group sessions a week for two hours.

### Progress Reports:

- Feedback on the NGIT visit to the site was positive. The examiners were very helpful to point out what needs to be worked on. There was also the general consensus that the site visit was very systematic and thorough.
- The announcement was made that one therapist has been hired for the project with second interviews being conducted next week to fill the positions.
- The Comprehensive Assessment Program/Services will be starting in mid February or early March. Until the drug treatment study begins in early March, all teens in need of drug treatment will be referred to existing programs.
- Flyers were given to attendees regarding the acceptance of referrals for assessments and limited medical services.
- To decorate the AHRC, we have implemented Project Teen Art.
- The Seven Challenges Training by Robert Schwebel was perceived as a highly innovative approach to adolescent drug abuse. MECCA is adopting this approach to their adolescent drug treatment program.
- A "Co-Occurring" Disorders CSAT Conference will be held in Tulsa, OK in June 2003.

### New Business:

- Mary Larew explained the medical services she would provide. Appointments will be accepted from 1:00 to 5:00 PM on Wednesday afternoons. The adolescents will need to bring a parental release for a physical exam, but she will be available to talk with them without one.

### Next meeting:

The next meeting will be scheduled for February 28, 2003 from 12:00-1:00 at the AHRC.