

**Wellness Management and Recovery
Acronyms**

Acronym	Complete Name	Comments
ACT	Assertive Community Treatment	An evidence-based program. ACT and PACT are terms that are used interchangeably.
ARO	Adult Rehabilitation Option	Source of funding for specific services
BDPS	Division of Behavioral, Developmental and Protective Services for Families, Adults, Children	The Division of the Department of Human Services that houses Iowa's mental health authority.
CMI	Chronic mental illness	
CMHC	Community Mental Health Center	
CMHS	Center for Mental Health Services	One of three centers located in SAMHSA
CPC	Central Point of Coordination	The individuals designated within each county to develop the MH and DD services plan and manage expenditures.
CROP	Consumer Resource and Outreach Project	Iowa's Office of Consumer Affairs housed at DHS and funded by Community Mental Health Block Grant.
DHS	Department of Human Services	The state agency in which the MHA resides.
DIA	Department of Inspections and Appeals	
EBP	Evidence-based practice	An intervention that has been shown through multiple research studies to consistently yield intended outcomes.
HMO	Health Maintenance Organization	
IAPSRs	International Association of Psychosocial Rehabilitation Specialists	
ICMH	Iowa Consortium for Mental Health	
ICN	Iowa Communications Network	A statewide fiber optic network used for teleconferencing and telemedicine.
IMPACT	Integrated Multidisciplinary Program in Assertive Community Treatment	The name of the ACT program in Iowa City.
IMR	Illness Management and Recovery	An evidence-based practice. Also, referred to as Wellness Management and Recovery (WMR).
IPR	Intensive Psychiatric Rehabilitation	
MBC	Magellan Behavioral Care of Iowa	The managed care company that has been contracted for MH services by Iowa Medicaid.
MH	Mental health	
MHA	Mental Health Authority	

MHDD	Mental Health and Developmental Disabilities	The former name for the division within DHS that was Iowa's designated mental health authority. The oversight body for Iowa's MHA is still referred to as the MHDD commission.
MHPC	Mental Health Planning Council	The entity in Iowa that oversees the development of the state plan as it relates to the Center for Mental Health Services Block Grant.
MHSIP	Mental Health Statistics Improvement Program	A consumer satisfaction mechanism being employed in multiple states.
NAMI	National Alliance for the Mentally Ill	
PACT	Program for Assertive Community Treatment	An evidence-based program. ACT and PACT are terms that are used interchangeably.
PEERS	People Educating and Encouraging Recovery and Support	Membership organization.
QA	Quality assurance	
RFP	Request for Proposals	
SAMHSA	Substance Abuse and Mental Health Services Administration	Federal agency in Department of Health and Human Services
SMI	Serious mental illness	
SSDI	Social Security Disability Insurance	Federal program
SSI	Supplemental Security Income	Federal program
TAC	Technical Assistance Center	
U of I	University of Iowa	
UIHC	University of Iowa Hospitals and Clinics	
WMR	Wellness Management and Recovery	An Evidence-based practice. Also, referred to as Illness Management and Recovery (IMR).