

King Davis Ph.D.

King Davis was appointed Executive Director of the Hogg Foundation for Mental Health in April 2003. He has held the Robert Lee Sutherland Chair in Mental Health and Social Policy at the University of Texas at Austin, School of Social Work, since January 2000. He received the Excellence in Teaching Award from the University of Texas at Austin in February 2001. And, in February 2002, he received the lifetime achievement award from the Council on Social Work Education. King was a professor of Public Mental Health Policy and Planning at the Virginia Commonwealth University, Richmond Virginia, from 1984-2000. From 1998-1999, he was the holder of the William and Camille Cosby Chair at Howard University, Washington D.C. Also in 1998, King was appointed to the Libra Chair in the School of Business and Public Policy at the University of Maine, and was a Distinguished Visiting Professor at Washington University in St. Louis in 1999. He taught at Norfolk State University School of Social Work from 1974 to 1984.

King was awarded the Ph.D. from the Florence G. Heller School for Social Policy and Management at Brandeis University in 1971. His doctoral work focused on the linkages between fund raising, non-profit organizations, and communities of color. He holds the masters and bachelor's degrees in social work (concentration in mental health) from California State University in Fresno California.

Edward L. Knight, Ph.D., CPRP

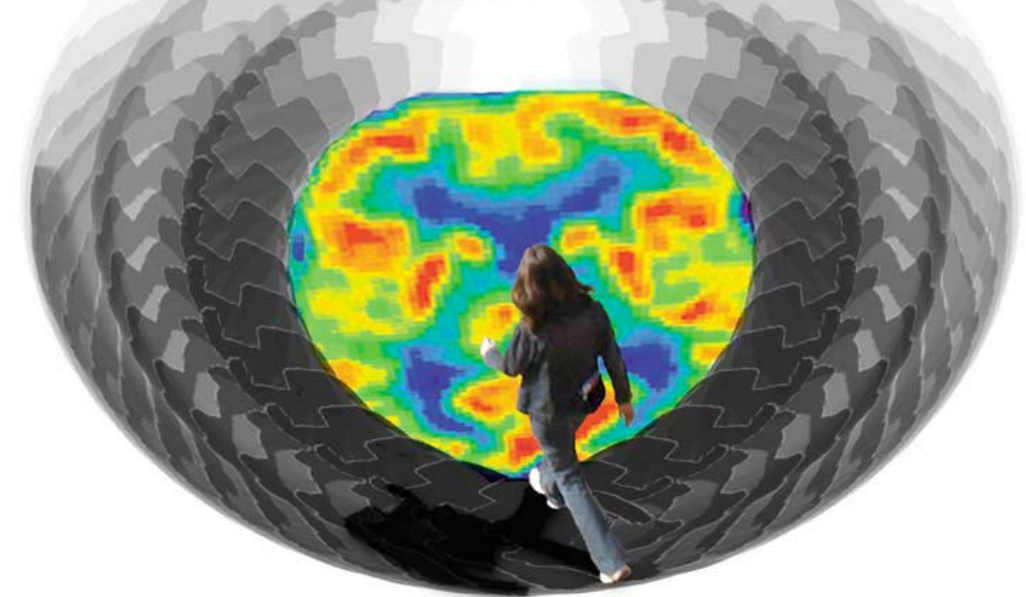
Ed Knight, PhD, is currently ValueOptions' Vice President of Recovery, Rehabilitation, and Mutual Support and is responsible for implementing a recovery-based philosophy of care throughout the company. His leadership has pioneered a number of new recovery and rehabilitation programs. His work promotes self-directed care that supports, understands, and respects individual growth and personal development. This unique approach empowers consumers to engage in their communities and sustain meaning and purpose in their lives as they recover from mental illness. Dr. Knight received the 2005 Chairperson's Award from the United States Psychiatric Rehabilitation Association (USPRA) in recognition of his significant role in the development and growth of consumer-friendly, self-directed recovery for people living with severe and persistent mental illness. Dr. Knight has made fundamental and significant contributions to consumer empowerment, self-help, and self-determination through his teaching, writing, and research.

NAMI IOWA
5911 Meredith Drive, Suite E
Des Moines, IA 50322-1093
President: Kathy Trotter
Executive Director: Margaret Stout

Non Profit Organization
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Johnston, IA

2005 Mental Health Conference

RECOVERY: How Do We Walk the Talk?



October 11 & 12, 2005
Iowa State Center
Scheman Building
Ames, Iowa

Mental Health Conference Sponsors

Alliance for the Mentally Ill of Iowa (NAMI Iowa)
Iowa Association of Community Providers
Iowa Department of Education
Iowa Department of Human Services- Division of BDPS
Iowa Nurses Association
Iowa Protection & Advocacy Services, Inc.
Magellan Behavioral Care of Iowa
Polk County Health Services, Inc.
University of Iowa Hospitals and Clinics

Partial support of this conference comes from the National Association of State Mental Health Program Directors under its *Targeted Technical Assistance* contract with the Center for Mental Health Services in the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

**A. Kathryn Power, M.Ed., Director, Center for Mental Health Services
Substance Abuse and Mental Health Services Administration**

A. Kathryn Power is the Director of the Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration's (SAMHSA). CMHS provides national leadership in improving mental health services for all Americans. As Director, Ms. Power leads the SAMHSA/CMHS staff in addressing the 21st century challenges and opportunities presented to the Nation's system of quality mental health care and is responsible for facilitating the transformation change called for in the President's New Freedom Commission on Mental Health Report Achieving the Promise: Transforming Mental Health Care in America.

Prior to her appointment as CMHS Director, A. Kathryn Power served for over 10 years as the Director of the Rhode Island Department of Mental Health, Retardation and Hospitals, a Cabinet position reporting to the Governor, responsible for four systems of care serving individuals with serious disabilities: mental illnesses, substance abuse and addiction, developmental disabilities and long-term medical needs. The department had an annual budget of over \$480M and over 2,000 employees. She had previously directed the Rhode Island Office of Substance Abuse, the Governor's Drug Program and the Rhode Island Anti-Drug Coalition.



MICHAEL F. HOGAN, Ph.D.

B.S. Cornell University, June 1969: **Communication Arts**; M.S. State University College at Brockport, New York, December 1972: **Educational Administration**, Ph.D. Syracuse, July 1977: **Administration of Special Education**, Other graduate and professional education at Smith College, George Washington University, Harvard Business School, and Kennedy School of Government (Harvard University).

March 1991 – Present: Director, Ohio Department of Mental Health

The Director of ODMH is a member of the Governor's cabinet, and is charged with developing and managing Ohio's public mental health system. The Department operates 5 accredited psychiatric hospitals, has a FY 2006 budget of approximately \$1 billion, and funds and monitors 50 local systems of care serving over 250,000 citizens annually. Since 1991, my professional focus has been leading the Ohio system through several cycles of change. Major achievements include: implementing comprehensive reform legislation which devolved mental health care to the community level; developing new children's services to increase local collaboration, reduce reliance on out-of-home care, and emphasize mental health as crucial to school success; implementing integrated payment/information systems; and developing statewide approaches to implement evidence-based services and advance recovery.

ODMH saved over \$1B in projected state hospital costs since 1991, enabling dramatic expansions and improvements in community services within general fund appropriations that increased less than inflation. Hospital staffing was reduced from 5,000 to 2100, a greater reduction in personnel levels and state operating costs than any other agency, while innovative community services were developed with former hospital employees. Four hospitals were successfully closed, one privatized, and nine remaining facilities merged into five, to operate more efficiently while maintaining accessible inpatient care.

Steven J. Onken, B.A.

Steven J. Onken, B.A., University of Iowa; M.S.S.W., Ph.D., University of Texas at Austin is an assistant professor at Columbia University's School of Social Work. He is the principal investigator for the *National Mental Health Recovery Research Project for the Development of Recovery Facilitating System Performance Indicators*, a multi-site examination of the concepts and dimensions of recovery and the various factors that inhibit and facilitate people's recovery from long-term psychiatric disabilities. This research is used to develop performance measurement tools to assist service systems and consumer organizations in their efforts to implement a recovery-focused, evidenced-based delivery system. Dr. Onken's work also focuses on sustainable development of consumer survivor operated programs, of consumers/ survivors as staff within traditional mental health services, and of consumers/ survivors within the general workforce. He serves on several national workgroups, task forces and advisory committees in the areas of mental health performance indicators, outcomes, data collection, self-determination, community integration, staff competencies and alternatives to seclusion and restraint. His international collaborations include New Zealand, Switzerland, Canada, Australia, Scotland, England, and Colombia.

Dr. Onken has individual and community practice experience in the areas of mental health and disability; civil and legal rights protection and advocacy; sexual orientation, gender expression and antigay violence; as well as community and organizational development.

Joe Marrone

Joe Marrone is currently a telecommuting Senior Program Manager for Public Policy at the Institute for Community Inclusion (ICI) at Children's Hospital in Boston, MA, who is based in Portland, OR. He is also a Senior Advisor and on the Program Faculty of the Mental Health & Developmental Disabilities (MH/DD) NIMH funded Research & Educator Program with respect to mental health disorders and developmental disabilities and issues of rehabilitation at ICI.

General Information

Conference Objectives

The 2005 Mental Health Conference is designed for professionals, clinicians, and other providers, administrators, educators, consumers, family members and advocates to:

- Provide an educational opportunity to hear professionals and experts share the most recent trends and issues, treatment methods, and research relating to mental health and mental illnesses.
- Provide a forum to stimulate discussion, exchange ideas, and strengthen the support and information network around the state.
- Generate public interest in issues relating to mental health and mental illnesses.

We invite you to join us for what promises to be an excellent program. In the event you receive more than one brochure, please share this information with colleagues and friends.

Early Bird Registration

Mail your payment by **September 23, 2005**, to receive a discounted rate. A registration is complete only when the fees and the forms have been submitted.

Conference Materials

One conference booklet, which includes speaker handouts submitted prior to the conference, will be available to each participant with their registration.

Cancellations

Cancellations will be accepted, less a \$25 administrative fee. If requested by September 30, 2005. **No refunds will be issued for cancellations after that date, no exceptions.** Substitutes may attend.

Showcase

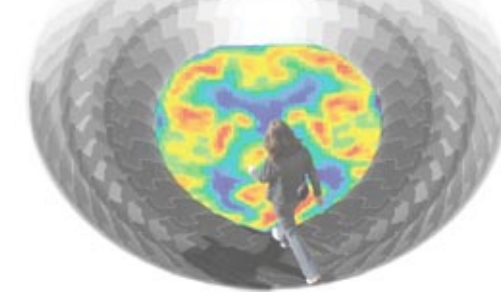
Take advantage of the opportunity to meet individuals from the exhibiting companies and find out about the newest technologies in behavioral healthcare as you partake of the refreshments provided. Suppliers and advertisers call 515-225-1051 for display booth information.

Book Sale

The annual Book sale will also be taking place. Please visit the Iowa State University Bookstore in the Showcase area. There they will be carrying titles suggested by conference presenters along with a fine selection in the behavioral healthcare field.

2005 Mental Health Conference

RECOVERY: How Do We Walk the Talk?



Ames Hotels

Reservations must be made at any of the following hotels by September 23rd to receive the special rates. Be sure to mention involvement with the Mental Health Conference.

Headquarters Hotel:

Comfort Suites

2609 Elwood Drive
Rate: \$69/single; \$75/double, triple of quad
(515) 268-8808

Other Hotels in the Area

AmericInn

2507 SE 16th Street (just off Hwy. 30)
Rate: \$60.00-\$70.00
(515) 233-1005

Baymont Inns & Suites

2500 Elwood Drive
Rate: \$66.00-\$76.00
(515) 296-2500

Country Inn & Suites

2605 SE 16th Street
Rate: \$63.00-\$73.00
(515) 233-3935

Heartland Inn

I-35 & Hwy. 30
Rate: \$65.00
(515) 233-6060

Hotel at Gateway Center

Hwy. 30 & Elwood Drive
Rates: \$79.00-\$94.00
(515) 292-8600



Getting Around Ames

- The Mental Health Conference Committee has negotiated for a bus that will make round trips between the Ames hotels and the Scheman Building during the Conference. Bus schedules will be available at the hotels listed here.

Please indicate preference to (or not to) ride the bus on the registration form.

- The Scheman Building is located on Lincoln Way in Ames.

To get to the Scheman Building from the North or South:

I-35 to Hwy. 30 West
Hwy. 30 West to Elwood Drive Exit
Elwood Drive North- the entrance is before the light at Lincoln Way.

To get to the Scheman Building from the East or West:

Hwy. 30 to Elwood Drive Exit.
Elwood Drive North- the entrance is before the light at Lincoln Way.

- Maps and other pre-conference materials will be mailed as soon as registration is received.

CONFERENCE REGISTRATION FORM

Please Print or Type

Name: _____

Agency: _____

Address: _____

City: _____ State: _____ Zip: _____

Email address: _____

Daytime Phone: _____ Fax: _____

Stipend questions should be directed to the Office of Consumer Affairs (515) 281-7274 or (877) 338-2767
In Polk County, residents can call Polk County Health Services 515-883-1596

ATTENDANCE OPTIONS:

Early Bird Registration Fees
(Up to September 23th, 2005)

Registration Fees
(After September 23th, 2005)

\$ _____	Full Conference	\$ 125.00	\$ 155.00
\$ _____	Tuesday, October 11 th (only)	\$ 75.00	\$ 90.00
\$ _____	Wednesday, October 12 th (only)	\$ 75.00	\$ 90.00
\$ _____	CEU Fee (\$10 per discipline)		
\$ _____	Total		

Please check here if you would like a vegetarian meal

- Full conference registration fee includes all scheduled meal functions, breaks, and workshop materials.
- Fees are not refundable after September 30, 2005. An additional CEU fee of \$10.00 is required for each discipline requested.
- Drake University Graduate Credit Fee is payable *only* at the conference.
- Make **Checks** Payable to: "NAMI IOWA" and *mail to: Alice Vinsand Inc., NAMI IOWA, 10927 Lincoln, Des Moines, IA 50325*
- For **Credit Card** payments **only**, complete all items in the box below and *either* mail to the address above, or fax to 515-225-8187.

Type of Card:	<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard	Credit Card Payment Amount: \$ _____
Credit Card #:	_____		Expiration Date: _____
Cardholder:	_____		Signature*: _____
* I authorize Alice Vinsand, Inc. (EIN# 23-7084780) to process the fees pertaining to NAMI.			

REFUND AND CANCELLATION POLICY

- A refund (less a \$25 processing fee) will be made *if* written notice of cancellation is received **on or before September 13th, 2005**.
- No refund will be made if cancellation notice is received *after* the event (no exceptions).
- A substitute may attend in place of the registrant.
- Persons who pre-register but do not pay prior to the event, and do not cancel or attend, will be billed the full amount.
- Registrations will **not** be accepted by mail or fax **after October 6th**. You will need to register at the conference after this date.
- You are responsible for your own sleeping room arrangements. Please check the program flier for the block information.

**Have you made your hotel reservations?
Please do so by September 23rd!**

2005 Mental Health Conference

Stipend Request

(MUST BE RECEIVED NO LATER THAN SEPTEMBER 30TH, 2005)

Consumers of mental health needing financial assistance to attend the conference may apply for a stipend. You will be required to pay \$25.00 toward the cost of the conference (if you are not selected to receive a stipend, your \$25.00 will be refunded). The stipends will cover cost of registration and hotel costs. Please follow the instructions below:

If you are receiving funding through other sources – such as self-pay, County CPC, Vocational Rehabilitation, or other organizations, please **DO NOT** complete this request for a stipend.

If you are a **Polk County resident:**

1. Complete the conference registration (you don't need to complete the Stipend form)
2. Enclose a check for \$25.00, payable to: **Polk County Health Services**
3. Send to:
 Maria Walker
 Polk County Health Services
 218 6th Ave, Suite 1000
 Des Moines, IA 50309
4. If you have questions, please contact Maria Walker at 883-1596.

All other consumers:

1. Complete the stipend form below **and** the conference registration
2. Enclose a check for \$25.00, payable to: **Iowa Office of Consumer Affairs**
3. Send to:
 Iowa Office of Consumer Affairs
 Hoover State Office Building, 5th Floor
 1305 E. Walnut
 Des Moines, IA 50319
4. If you have questions, please contact Jack Holveck at 281-7274 (local) or (877) 338-2767 (toll free).

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Phone # _____ E-mail _____

Please mark the consideration(s) for which you qualify:

- I have been denied funding from my county Central Point of Coordination Administrator.
- I have never attended a Mental Health Conference before.

Please note: Your request for a stipend IS NOT COMPLETE unless all three items (check, stipend request form, and registration form) are submitted by September 30, 2005!

The Conference at a Glance

Tuesday, October 11, 2005

7:30 9:00 AM	Registration/Exhibits/Continental Breakfast –	First Floor Lobby Stage Door Lounge
9:00 – 9:15 AM	Welcome and Introduction: Co-Chairs Frank Fleming, RN, BS, BSN, Clinical Co-Director Of MHCRC; University of Iowa Hospitals & Clinic Margaret Stout, Executive Director, NAMI IOWA	Benton Auditorium First Floor
	Remarks by Lt Governor Sally Pederson (Invited)	
9:15 – 10:30 AM	Keynote: RECOVERY, As the Guiding Principle in a Transformed Mental Health System A. Kathryn Power, Director, Center for Mental Health Services, SAMHSA, US Department of Health and Human Services	
10:30 – 11:00 AM	Break/Visit with Exhibitors	First Floor Lobby
11:00 – 12 Noon	RECOVERY in the Presidents New Freedom Commission Michael F. Hogan, Ph.D., Director, Ohio Department of Mental Health	
12:10 – 1:30 PM	Luncheon and visit with Exhibitors	Room 220-240 Second Floor
1:30 – 3:00 PM	RECOVERY, How Do We Walk the Talk? Joel Slack, President, Slack Consulting, LLC	Benton Auditorium
3:00 - 3:30 PM	Break/Exhibitors	First Floor Lobby
3:30 – 5:00 PM	Breakouts Implementing Recovery In Iowa (Workshop Session 1) Panelists: Michael Flaum, MD, Director, Iowa Consortium for Mental Health Joel Slack, President, Slack Consulting, LLC William Dodds, President, Iowa ResCare, Inc. Pat Steele, Vocational Director, Mainstream Living, Employment & Learning Center Patrick Smith, M.Ed., Executive Director, Northwest Iowa Mental Health Center	Room 275, Second Floor
	Trauma Informed Peer Support (Workshop Session 2) Floor Shery Mead, Executive Director, Shery Mead Consulting	Room 299, Second Floor
	Out of the Shadows (Workshop Session 3) Moderating: Frank Fleming, RN, BS, BSN, Clinical Co-Director—MHCRC; UIHC Panel: Daniel Stout, University of Iowa Kathy Trotter, President NAMI IOWA Dr Scott Jennisch, MD- (Invited)	Benton Auditorium
5:00 PM	Adjourn (Dinner on your own)	

Partial support of this conference comes from the National Association of State Mental Health Program Directors under its *Targeted Technical Assistance* contract with the Center for Mental Health Services in the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

Wednesday, October 12, 2005

7:00 – 8:15 AM	Registration/Exhibitors/Continental Breakfast	First Floor Lobby
8:15 – 8:30 AM	Introductions & Welcome Kevin Concannon, Director, Iowa Department of Human Services	Benton Auditorium
8:30 – 9:45 AM	RECOVERY: From Theory to Practice Steven J. Onken, Ph.D., Assistant Professor, Columbia University, School of Social Work	
9:45 – 10:15 AM	Break/Exhibitors—	First Floor Lobby
10:15 – 11:30 AM	RECOVERY: Practical Applications in Service Delivery Dr. Edward L. Knight, Ph.D. CPRP, VP—Recovery, Rehabilitation & Mutual Support, ValueOptions	
11:30 – 1:00 PM	Luncheon/Visit with Exhibitors	Rms. 220-240, Second Floor
1:00 – 2:00 PM	Employment as it Relates to RECOVERY Joe Marrone, Sr. Program Manager, Institute for Community Inclusion, UMASS BOSTON, Northwest Office	Benton Auditorium
2:00 – 2:20 PM	Break	First Floor Lobby
2:20 – 3:20 PM	Breakouts: Measuring Recovery (Workshop Session 4) Steven J. Onken, Ph.D., Assistant Professor, Columbia University, School of Social Work Joe Marrone, Sr. Program Manager, Institute for Community Inclusion, UMASS BOSTON, Northwest Office	Benton Auditorium
	Medicare Prescription Drug Plan (Workshop Session 5) Kris Thompson, Senior Health Insurance Information Program (SHIIP)	Rm 175-179, First Floor
	Trauma Informed Peer Support (Workshop Session 6) Shery Mead, Executive Director, Shery Mead Consulting	Rm 167-171, First Floor
3:30–4:30 PM	Achieving RECOVERY in Iowa: What must be done on the way home! King Davis, Ph.D, Executive Director, Hogg Foundation for Mental Health, University of Texas at Austin.	Benton Auditorium

Take advantage of the shuttle service. Tuesday: Starts from the first hotel at 7:30 AM. Leaves immediately after the program. Wednesday: Starts from the first hotel at 7:30 AM. No service after the program on Wednesday.

Remember: The Rest & Relaxation Room is room 154 on the first floor.

Need CEU's: You must fill out the CEU form in your packet and turn it in after the conference is completed.

**MARK YOUR CALENDAR FOR
the 2006 CONFERENCE.
October 10-11, 2006,
Scheman Building of the Iowa State Center**

Continuing Education Information

Continuing Education Credit will be available for the following disciplines if approved by the Des Moines Area Community College: social work, nursing, residential administrators, mental health counselors, and other.

For further information regarding contact hours, please contact Conference Administrator, Alice Vinsand, at 515-225-1051.

A \$10.00 recording fee is required with registration for CEUs. There will be **no partial** CEUs given; all sessions must be attended in their entirety.

Drake University

One semester hour of graduate credit is available for an additional \$90. An assignment is required. You may register for credit the day of the conference. For additional information, please call Ray Morley 515-281-3966. Drake University Graduate Credit Fee is payable only at the conference.

The Conference will make reasonable accommodations for persons with disabilities. Please call ALICE VINSAND (515-225-1051) if you require special assistance.

Please indicate your workshop choice by circling the session listed below (for ease of planning room size)

Tuesday, October 11, 3:30-5:00 PM		
Session 1	Session II	Session III

Wednesday, October 12, 2:20-3:20 PM		
Session I	Session II	Session III