

# CenterLines

FRONT AND CENTER WITH USEFUL NEWS FOR FAMILIES!

## Flood 2008

Iowa has experienced record breaking floods this year and many people are affected, including people with disabilities. We are creating this resource with links to printable documents to give folks information on what they can do and where they can go for help.

You will find all of the documents linked below at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).

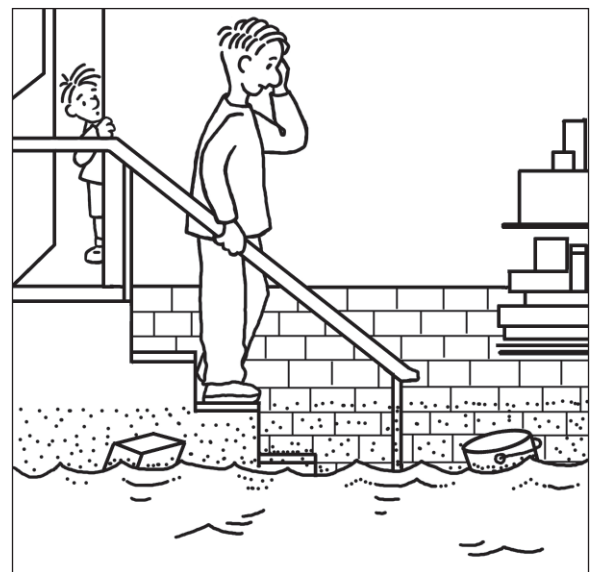
### A few things everyone needs to know!

Register with FEMA – the sooner the better. You need a FEMA number to be eligible for many other services. However, **PROTECT** your FEMA number. **DO NOT GIVE YOUR FEMA NUMBER TO ANYONE WHO DOES NOT HAVE CREDENTIALS!!**

Check with your home owner's, automobile, and renter's insurance on what is covered. Call 211 for your local assistance sites and services.

You might be eligible for **food stamps**. If you are already enrolled, you may get additional funds to replace lost food and you can purchase prepared food (i.e. grocery deli items).

Avoid scam contractors. Check with your local Better Business Bureau to see if the company has proper certification from a local government agency.



### For persons with disabilities and their families:

There are very few services specific to persons with disabilities and their families. Help and supports for shelter or housing, food, flood clean-up, and transportation are available to anyone and should be accessed through 211 or your local assistance center.

Iowa COMPASS will keep track of disability-related flood recovery supports and services. Please call them at 800-779-2001.

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University of Iowa Health Care

# Resources and Links

**The Iowa 2008 Flood Resource Center** can be found at [www.flood2008.iowa.gov/](http://www.flood2008.iowa.gov/).

- **Disaster Assistance Clarification** at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).

## Assistive Technology or Adapted Equipment

- Be sure to contact **Iowa COMPASS** for all information on adapted technology and any late breaking information on resources. Call them at 800-779-2001 or email them at [iowa-compass@uiowa.edu](mailto:iowa-compass@uiowa.edu) or on the web at [www.iowacompass.org](http://www.iowacompass.org).
- **Iowa Easter Seals** has *used* adapted equipment. **Donations are also needed:** power wheel chairs and scooters, bath chairs and stools, electric beds, lifts, and other assistive technology devices. Contact them at 515-309-2395 or email them at [info@eastersealsia.org](mailto:info@eastersealsia.org).
- If the flood destroyed any adapted devices or assistive technology for your home or work purchased by the **Iowa Vocational Rehabilitation Services**, you should contact your local VR office immediately for assistance. You can find the number and address for your local VR office at [www.ivrs.iowa.gov/](http://www.ivrs.iowa.gov/).
- **Telecommunications Access Iowa (TAI)** will replace any telecommunications equipment lost in the flood that was issued to a person in Iowa. (5 year rule will not apply.) The person affected will have to make a special request. Call TAI for the procedure. They are asking for a letter explaining that the AT was lost in the flood, and some documentation or proof of this. Also, the requester should fill out a regular application and give some idea of monthly expenses at this time. You can call TAI at 800-606-5099 (toll free and TTY) or 515-282-5130 (TTY only), or 515-282-5099 (voice and TTY). They can be found online at [www.relayiowa.com/tai/index.html](http://www.relayiowa.com/tai/index.html).

## Children

- **American Academy of Pediatrics Resources to Help Cope with Natural and Other Disasters** at [www.aap.org/new/disasterresources.htm](http://www.aap.org/new/disasterresources.htm).
- **APA Help Center at the American Psychology Association** produced two fact sheets that are available at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp). The fact sheets are:  
Managing Traumatic Stress  
Tornadoes, Hurricanes, and Children
- **AutismCares** provides support for costs associated with housing, utilities, insurance premiums, medical care, prescriptions, daycare, automobile repair, funeral expenses, and other items or events for eligible families on a case-by-case basis. The family must apply directly at [www.autismcares.org/](http://www.autismcares.org/).
- **Disaster Preparedness for Families with Children with Special Needs** at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).
- **Disaster Resources for Families and Organizations** at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).
- **FEMA for KIDS** at [www.fema.gov/kids/index.htm](http://www.fema.gov/kids/index.htm).
- **Iowa Respite and Crisis Care Coalition** has funds for emergency daycare for children with disabilities. You can contact them at 515-309-0858 or 877-255-3140 (toll free), by email at [ed@irccc.com](mailto:ed@irccc.com), or on the web at <http://irccc.affiniscape.com/>.
- With all the water, there will be more breeding ground for mosquitoes. Look for ways to reduce them at **Mosquito Prevention Key** that can be found online at the Iowa Department of Public Health at [www.idph.state.ia.us/adper/flood.asp](http://www.idph.state.ia.us/adper/flood.asp). When you have mosquitoes, you use bug repellent. For more information on **Bug Repellent Safety** - the American Academy

of Pediatrics has a caution on the use of Deet at [www.aap.org/family/wnv-jun03.htm](http://www.aap.org/family/wnv-jun03.htm).

- **National Association of School Psychologists Resources** at [www.naspoline.org/resources/crisis\\_safety/index.aspx](http://www.naspoline.org/resources/crisis_safety/index.aspx).
- **Resources for Parents and Teachers** at [www.fema.gov/kids/teacher.htm](http://www.fema.gov/kids/teacher.htm)

## Department of Human Services and Medicaid

- **DHS** has provided information on how to get replacement prescriptions, replacement equipment that was lost in the flood/tornadoes, and how to contact FEMA for housing assistance. The document is called Resources for Case Management and you can find it at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).
- **State Disaster Assistance Application** [www.dhs.state.ia.us/Consumers/Assistance\\_Programs/CashAssistance/DisasterAssistance/StormHelp.html](http://www.dhs.state.ia.us/Consumers/Assistance_Programs/CashAssistance/DisasterAssistance/StormHelp.html). This site lists County Emergency Management Coordinators and information on what assistance is available and income guidelines. The Disaster Assistance hotline is 877-937-3663.

## Drug Replacement

- **DHS** has provided information on how to get replacement prescriptions, replacement equipment that was lost in the flood/tornadoes, and how to contact FEMA for housing assistance. The document is called Resources for Case Management and you can find it at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).
- **Flood/Storm Drug Replacement Medicare Part D** at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).

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## General Flood Assistance and Information

- **Lutheran Social Services** is not a “first responder,” but their response program works with the affected community to address the long-term unmet needs of residents impacted by disaster long after the cleanup phase is complete. In addition to support from an assigned case advocate, typical assistance may include purchasing a bed or other household items, paying an insurance deductible, paying a utility bill, rent assistance or addressing a wide range of uninsured or underinsured financial losses. For more information on disaster response efforts by LSI, the Iowa affiliate of LDR, contact Pastor Michael Stadie at [michael.stadie@lsiowa.org](mailto:michael.stadie@lsiowa.org).
- **Iowa Department of Transportation Road Closings** can be found at <http://hb.511ia.org/main.jsf>.
- [www.kcrg.com/floodwatch](http://www.kcrg.com/floodwatch)
- [www.corridorrecovery.com](http://www.corridorrecovery.com) is a comprehensive source of information and updates on the continuing 2008 flood recovery efforts in Cedar Rapids, Linn County and surrounding communities.
- [www.2008flood.org](http://www.2008flood.org) a site for volunteers needed/offered and materials needed/offered.

## Food

- **Disaster Food Assistance Program** information at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).

## Flood Clean-up, Recovery, and Safety

- **CDC Emergency Preparedness and Response** at [www.bt.cdc.gov/disasters/floods/](http://www.bt.cdc.gov/disasters/floods/)
- **Disaster Resources for Families and Organizations** at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).

- **Family Recovery Project** at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp)
  - \* **Flood Waters and Wells**
  - \* **Flooding**
  - \* **Post Storm Risks**
- **Flood Clean Up Safety** pamphlet from the International Code Council at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).
- **Iowa Concern Hotline** 800-447-1985 has counselors and legal staff on hand and can refer families to local organizations and agencies.
- **ISU Extension Disaster Recovery** at [www.extension.iastate.edu/disasterrecovery/flood.htm](http://www.extension.iastate.edu/disasterrecovery/flood.htm)
- **Recover and Rebuild** at [www.fema.gov/rebuild/index.shtm](http://www.fema.gov/rebuild/index.shtm)
- **Red Cross Repairing Your Flooded Home** is a 56-page booklet available at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).
- **US Department of Health and Human Services** offers *A Guide to Managing Stress in Crisis Response Professions* at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).

## Housing

- <http://iowaflood08.com> a resource to find temporary housing if you have been displaced due to flooding.
- **Insurance Commissioner Bulletin 08-09** about deferral of premium payments and policy time frames for flood and tornado victims at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).
- **Small Business Administration (SBA)** Physical Disaster Loans are a primary source of funding for permanent rebuilding and replacement of uninsured or underinsured disaster damages to privately-owned real estate and/or personal property. SBA's

physical disaster loans are available to homeowners, renters, businesses of all sizes and nonprofit organizations. They do have low interest loans for homes, not just businesses. Contact SBA at 800-659-2955 or email them at [disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov). You can find them online at [www.sba.gov/floods/](http://www.sba.gov/floods/).

## Iowa Department of Public Health

- **Safety Fact Sheets** has a number of great resources on their website at [www.idph.state.ia.us/adper/flood.asp](http://www.idph.state.ia.us/adper/flood.asp), including topics such as:
  - Private sewage systems
  - \* Cleaning
  - \* Disinfecting
  - \* Vaccinations
  - \* Tetanus
  - \* Contaminated foods
  - \* Flooded restaurants
  - \* Salvage
  - \* Water storage
  - \* Safety for pets

## Project Recovery

- This is a crisis counseling program sponsored by a grant from FEMA under the auspices of the Iowa Department of Human Services. There are several fact sheets available at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp). These fact sheets include:
  - \* After Disaster - What Teens Can Do
  - \* Dealing with the effects of Trauma
  - \* Reaction of Children to Disasters
  - \* Recovery Guide for Older Adults
  - \* Helping Children after a Disaster
  - \* Helping Children Cope
  - \* It's Been 6 Months
  - \* Tips for Managing Stress
  - \* Self Care Tips

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## CenterLines

Center for Disabilities and Development  
University of Iowa Children's Hospital  
100 Hawkins Drive  
Iowa City IA 52242-1011

### Medicare

- Anyone who has lost adaptive equipment/ assistive technology/DME that Medicare paid for can request replacement on the claim. Individuals need to go to a Medicare approved durable medical equipment dealer (DME) and request whatever needs to be replaced. The vendor needs to put "CR Modifier" on the claim.
- **Flood/Storm Drug Replacement Medicare Part D** at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).
- **Medicare Waivers and Flexibility for Iowans** at [www.uihealthcare.com/cdd/flood.asp](http://www.uihealthcare.com/cdd/flood.asp).



*An aerial view of flooding on the University of Iowa Campus. (UI News Services)*

***If you know of other flood resources we have not listed, please contact Iowa COMPASS so we can update our website.***

***Email us at [iowa-compass@uiowa.edu](mailto:iowa-compass@uiowa.edu).***

***Thank you!***

*CenterLines for Families*, the newsletter of the Center for Disabilities and Development at the University of Iowa Children's Hospital, is published four times a year. It provides families with current information on child and adult development, issues affecting people with disabilities, and CDD resources available

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to them and their families. The newsletter is available in print, in Spanish, and also online at [www.uihealthcare.com/cdd](http://www.uihealthcare.com/cdd). Click on Centerlines for Families.

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*The role of the information in this newsletter is not to provide diagnosis or treatment of any illness or condition. We strongly encourage you to discuss the information you find here with your health care and other service providers.*